



order online  
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm  
Wednesday-Friday 7am-4pm  
Saturday 8:15am-Noon

# FOOD OUTLET SAVINGS!



October 6th - October 11th

Join us on Facebook  
for more specials!



FREE AND OPEN TO  
THE PUBLIC

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

**FRESH GROUND  
BEEF 80/20  
10LBS \$6<sup>25</sup>LB**

**RICK'S INDIVIDUAL  
STEAKS  
(cryo-vac)  
NEW YORK 12 oz  
CHOICE STEAKS \$14<sup>50</sup> EACH**

**RIB EYE STEAKS 12oz  
CHOICE GRADE \$20<sup>00</sup> EACH  
FILET MIGNON 8oz CUT  
\$17<sup>00</sup> EACH**

**T-BONE STEAKS 18oz  
CHOICE  
\$15<sup>95</sup> EACH**

**ALA HENRI  
CHICKEN TENDERS  
10LBS \$7<sup>00</sup>LB  
5LBS \$7<sup>50</sup>LB**

**CV COOPER  
CHEESE  
5LBS \$5<sup>00</sup>LB**

**MEAT PACKAGE #1  
\$169<sup>99</sup>**

**CALL AHEAD TO ORDER  
41 LBS!**

**10 POUNDS OF GROUND  
BEEF 10 POUNDS B/S  
BREAST  
5 POUNDS IQF WINGS  
48 CT PIEROGIES  
10 LBS FROZEN PORK CHOPS  
5 LBS BREADED  
CHICKEN FINGERS  
24 HOURS NOTICE**

**T&L  
PIEROGIES  
48 CT  
\$14<sup>00</sup>**

**BEEF TENDERLOIN 7LB AVG \$15<sup>50</sup>LB  
RIB EYE STEAKS 14LB AVG \$11<sup>50</sup>LB  
BEEF SHORT LOINS 15LB AVG \$8<sup>50</sup>LB  
SHORT RIBS 15 LB AVG \$6<sup>99</sup>LB  
BEEF BRISKETS 12LB AVG \$7<sup>29</sup>LB  
TOP SIRLOIN STEAKS 11LB AVG \$8<sup>50</sup>LB  
NY STRIP STEAK 12LB AVG \$9<sup>79</sup> LB**

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME  
DAY PU CHOICE and PRIME GRADES AVAILABLE

**B&M CHIP STEAK  
10LBS PORTIONED**

**BEEF \$6<sup>50</sup>LB  
CHICKEN \$4<sup>50</sup>LB**

**NEW ENGLAND  
CLAM  
CHOWDER**

**51oz  
\$17<sup>95</sup>**

**LOBSTER  
BISQUE**

**51oz  
\$18<sup>95</sup>**

**FRESH CHICKEN  
PLEASE CALL AHEAD!**

**B/S CHICKEN 20LBS \$2<sup>89</sup>LB  
BREASTS 40LBS \$2<sup>59</sup>LB**

**LEGS 1/4's 40LBS \$1<sup>00</sup> LB**

**FROZEN PARTY WINGS 10LBS \$2<sup>79</sup>LB**

**PELLMAN  
DESSERTS**

**RASPBERRY  
CHEESECAKE  
\$22<sup>95</sup>**

**BANANA CAKE  
\$16<sup>95</sup>**

**Chocolate  
Mousse Pie  
\$10<sup>95</sup>**

**CATTLEMAN 4oz  
BURGERS  
10LBS for \$40<sup>00</sup> CASE**



**JF MARTIN AND SONS BBQ  
5LBS**

**HEAT N EAT**

**PORK BBQ \$7<sup>00</sup> LB  
TURKEY BBQ \$8<sup>00</sup> LB  
BEEF BBQ \$8<sup>00</sup> LB**

**SOMMERMAID CHEESE  
120CT 5LBS \$3<sup>75</sup> LB**

**CLEARFIELD CHEESE  
72CT 3LBS \$5<sup>00</sup> LB**

**CHICKEN NUGGETS 5LBS  
\$3<sup>75</sup>LB  
ONION RINGS  
2.5 LBS \$6<sup>00</sup> LB  
MOZZARELLA STICKS  
2LBS \$6<sup>00</sup> LB  
BOARDWALK  
FRIES Seasoned  
4.5 LBS \$12<sup>95</sup> BAG  
CORN NUGGETS  
2LBS \$5<sup>00</sup> LB**

**JUMBO LUMP  
CRAB MEAT - FROZEN  
5LBS \$17<sup>95</sup>LB  
1LB \$18<sup>95</sup>LB**

**GROUND TURKEY  
10LBS  
\$2<sup>90</sup>LB**

**24 oz LOBSTER TAILS  
10LBS \$22<sup>00</sup>LB  
LESS THAN A CASE  
\$23<sup>00</sup>LB  
GET THEM SPLIT \$.75LB**

**PIT HAMS  
15LB AVG  
\$4<sup>99</sup> LB**

**www.bandmprovisions.com**

**1040 N. GRAHAM ST.  
ALLENTOWN  
610-434-9611**

Products and prices are available for cash n carry only. CREDIT or DEBIT CARDS ARE A 3.5% Processing FEE

View our website for many many more specials order online: cashncarry@bandmprovisions.com