



FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!



The Lehigh Valley's
Leading Foodservice Distributor

FREE AND OPEN TO THE PUBLIC

order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm
Wednesday-Friday 7am-4pm
Saturday 8:15am-Noon

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

December 4th- December 9th

LOWEST PRICE IN YEARS!
SHRIMP U15 SIZE
5LBS HEADLESS \$5⁹⁵ LB
50LB CASE \$5²⁵ LB

COLOSSAL SHRIMP AND JUMBO LUMP CRABMEAT
5LBS U15 SHRIMP BLOCK
1LB JUMBO LUMP CRAB MEAT
\$40⁰⁰ PACKAGE

HATFIELD PIT HAMS
16LB AVG \$3⁹⁹ LB

U/10 SCALLOPS
5LB AVG \$23⁹⁵ LB

JF MARTIN AND SON
BBQ-5LB TUBS

PORK \$6⁰⁰ LB
BEEF OR TURKEY \$7⁰⁰ LB

MEAT PACKAGE #1 \$169⁹⁹

CALL AHEAD TO ORDER 41 LBS!
10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREST
4 POUNDS FROZEN WINGS 1
EACH 48 CT PIEROGIES 10
LBS FROZEN PORK CHOPS 5
LBS BREADED CHICKEN FINGERS
24 HOURS NOTICE

ROSINA MEATBALLS
1oz 10LBS \$6⁵⁰ LB

JUMBO CRAB MEAT
1LB FROZEN - \$12⁵⁰ LB
5LBS FROZEN - \$11⁵⁰ LB

PIERCE WING DINGS & ZINGS (HOT)
BREADED AND COOKED HEAT N EAT
15 LBS \$69⁰⁰ BOX

CLEARFIELD SLICED CHEESE
3LBS \$4⁹⁰ LB

PRIME GRADE STEAKS
PRIME TENDERLOINS 7LB AVG \$27⁹⁹ LB
PRIME RIB/RIB BYES 20LB AVG \$19⁹⁹ LB
CHOICE GRADE
CHOICE TENDERLOINS 7LB AVG \$22⁹⁹ LB
CHOICE PRIME RIB/RIB EYES 18LB AVG \$17⁵⁰ LB
ENTRY LEVEL
BEEF TENDERLOIN 7LB AVG \$13⁹⁹ LB
NY STRIP STEAKS 12LB AVG \$6⁷⁹ LB
RIB EYES 12LB AVG \$8⁹⁹ LB

CHUCK EYE STEAKS 15LB AVG \$5⁸⁹ LB
BEEF SHORT RIBS 10LB AVG \$6²⁵ LB
SHORT LOINS 20 LB AVG \$6⁹⁰ LB
ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

****USDA INSPECTED****
FRESH GROUND BEEF
90/10
20 LBS - \$4⁰⁹ LB
10 LBS - \$4²⁵ LB

CHICKEN FAJITA STRIPS
COOKED AND READY TO GO!
\$6⁰⁰ LB 5LBS

GROUND IN HOUSE MEATLOAF MIX
BEEF, PORK & VEAL
\$6²⁵ LB 10LBS
24 HR NOTICE

CATTELMANS ANGUS GROUND CHUCK - FROZEN
2/5LBS \$3⁹⁹ LB

WHITE AMERICAN CHEESE
120 CT- 5LBS \$3⁴⁰ LB

FRESH WILD CAUGHT JUMBO CRAB MEAT
1LB- \$20⁰⁰ LB
5LBS \$19⁰⁰ LB

FILLINGS FOR KIFFLE AND ROLLS
APRICOT FILLING 1LB \$5⁵⁰ LB
LEKVAR 1LB \$4⁵⁰ LB

HADDOCK
6/8oz Filets
\$5⁷⁵ LB 10LB BOX

FRESH CHICKEN - CALL AHEAD!
FRESH B/S CHICKEN BREASTS 3cs \$1⁵⁵ LB
40LBS \$1⁶⁵ LB
20LBS \$1⁷⁵ LB
FRESH PARTY WINGS 40LBS \$2⁷⁵ LB
FROZEN PARTY WINGS 10LBS \$2⁶⁹ LB
CHICKEN LEG 1/4's 40LBS \$.⁹⁰ LB

SCALLOPS WRAPPED IN BACON 30ct \$30⁰⁰
FILET WRAPPED IN BACON 24ct \$25⁰⁰

CV COOPER SHARP CHEESE 5LBS \$4⁹⁹ LB
16/20 RAW SHRIMP P/D 2LBS \$8⁰⁰ LB
16/20 COOKED P/D 2LBS \$10⁵⁰ LB

BOARDWALK FRIES
Seasoned
4.5 LBS \$12⁹⁵ BAG

CHICKEN NUGGETS 5LBS \$3⁴⁵ LB
CORN R'BZ
4LB BAG \$2⁵⁰ LB
BATTERED
ONION RINGS
2LBS \$5⁵⁰ LB
MOZZARELLA STICKS
2LBS \$5⁵⁰ LB
GARDEN VEGETABLE SOUP
4LBS \$14⁰⁰ BAG
CAULI W'WNGZ
3LBS \$4⁰⁰ LB

T/L PIEROGIES FROM HAZELTON \$12⁰⁰ for 4DZ

BACK IN STOCK
TYSON RANCH STEAKS
24/8oz \$12⁰⁰ LB
12/8oz \$13⁰⁰ LB
CRYOVAC INDIVIDUALLY

ICELANDIC CRAB CAKES
3oz MARYLAND STYLE
24ct \$2⁸⁰ EACH
48ct \$2⁵⁰ EACH

4oz ANGUS BEEF BURGER
10LB BOX
\$35⁰⁰ CASH \$.88 EACH

PELLMAN CAKES MADE FROM SCRATCH
APPLE WALNUT CRUMB CAKE \$9⁰⁰
PEANUT BUTTER PIE \$15⁰⁰
RASPBERRY CHEESECAKE \$20⁰⁰
ASSORTED CHEESECAKE
PLAIN, CHOCOLATE CHIP, \$22⁰⁰
RASPBERRY and STRAWBERRY

BRAZILIAN LOBSTER TAILS
8oz - 10/12oz - 12/14oz-20oz
\$27⁹⁹ LB 10 LB CASE
LESS THAN A CASE \$28⁹⁹ LB

www.bandmprovisions.com

1040 N. GRAHAM ST.

ALLENTOWN

610-434-9611

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com