



Union Blvd.

FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!



order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

FREE AND OPEN TO THE
PUBLIC

Hours: Monday-Tuesday 7am-3:30pm
Wednesday-Friday 7am-4pm
Saturday 8:15am-Noon



The Lehigh Valley's
Leading Foodservice Distributor

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

December 4th- December 9th

LOWEST PRICE IN YEARS!

SHRIMP U15 SIZE
5LBS HEADLESS \$5⁹⁵ LB
50LB CASE \$5²⁵ LB

COLOSSAL SHRIMP AND JUMBO LUMP CRABMEAT

5LBS U15 SHRIMP BLOCK
1LB JUMBO LUMP CRAB MEAT
\$40⁰⁰ PACKAGE

HATFIELD PIT HAMS

16LB AVG \$3⁹⁹ LB

U/10 SCALLOPS

5LB AVG \$23⁹⁵ LB

JF MARTIN AND SON BBQ-5LB TUBS

PORK \$6⁰⁰ LB
BEEF OR TURKEY
\$7⁰⁰ LB

MEAT PACKAGE #1
\$169⁹⁹

CALL AHEAD TO ORDER
41 LBS!
10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREST
4 POUNDS FROZEN WINGS 1
EACH 48 CT PIEROGIES 10
LBS FROZEN PORK CHOPS 5
LBS BREADED
CHICKEN FINGERS
24 HOURS NOTICE

ROSINA MEATBALLS

1oz 10LBS \$6⁵⁰LB

JUMBO CRAB MEAT

1LB FROZEN - \$12⁵⁰ LB
5LBS FROZEN - \$11⁵⁰ LB

PIERCE WING DINGS & ZINGS (HOT)

BREADED AND COOKED
HEAT N EAT
15 LBS \$69⁰⁰ BOX

CLEARFIELD SLICED CHEESE

3LBS \$4⁹⁰LB

PRIME GRADE STEAKS

PRIME TENDERLOINS 7LB AVG \$27⁹⁹LB
PRIME RIB/RIB BYES 20LB AVG \$19⁹⁹LB

CHOICE GRADE

CHOICE TENDERLOINS 7LB AVG \$22⁹⁹ LB
CHOICE PRIME RIB/RIB EYES 18LB AVG \$17⁵⁰ LB

ENTRY LEVEL

BEEF TENDERLOIN 7LB AVG \$13⁹⁹ LB
NY STRIP STEAKS 12LB AVG \$6⁷⁹LB
RIB EYES 12LB AVG \$8⁹⁹LB

CHUCK EYE STEAKS 15LB AVG \$5⁸⁹LB
BEEF SHORT RIBS 10LB AVG \$6²⁵LB
SHORT LOINS 20 LB AVG \$6⁹⁰LB

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

USDA INSPECTED
FRESH GROUND
BEEF

90/10

20 LBS - \$4⁰⁹ LB
10 LBS - \$4²⁵ LB

CHICKEN
FAJITA STRIPS

COOKED AND
READY TO GO!

\$6⁰⁰ LB 5LBS

GROUND
IN HOUSE
MEATLOAF MIX
BEEF, PORK & VEAL

\$6²⁵LB 10LBS

24 HR NOTICE

CATLEMANS ANGUS GROUND CHUCK - FROZEN

2/5LBS \$3⁹⁹ LB

WHITE AMERICAN CHEESE

120 CT- 5LBS
\$3⁴⁰ LB

FRESH WILD CAUGHT JUMBO CRAB MEAT

1LB- \$20⁰⁰ LB
5LBS \$19⁰⁰ LB

FILLINGS FOR KIFFLE AND ROLLS

APRICOT FILLING 1LB \$5⁵⁰ LB
LEKVAR 1LB \$4⁵⁰ LB

HADDOCK

6/8oz Filets
\$5⁷⁵ LB 10LB BOX

FRESH CHICKEN - CALL AHEAD!

FRESH B/S CHICKEN BREASTS 3cs \$1⁵⁵LB
40LBS \$1⁶⁵LB
20LBS \$1⁷⁵LB
FRESH PARTY WINGS 40LBS \$2⁷⁵LB
FROZEN PARTY WINGS 10LBS \$2⁶⁹LB
CHICKEN LEG 1/4's 40LBS \$.⁹⁰ LB

SCALLOPS WRAPPED IN BACON 30ct \$30⁰⁰
FILET WRAPPED IN BACON 24ct \$25⁰⁰

CV COOPER SHARP CHEESE 5LBS \$4⁹⁹ LB

16/20 RAW SHRIMP P/D 2LBS \$8⁰⁰ LB
16/20 COOKED P/D 2LBS \$10⁵⁰ LB

BOARDWALK FRIES

Seasoned
4.5 LBS \$12⁹⁵ BAG

CHICKEN NUGGETS 5LBS \$3⁴⁵ LB

CORN R'BZ
4LB BAG \$2⁵⁰ LB
BATTERED

ONION RINGS
2LBS \$5⁵⁰ LB
MOZZARELLA STICKS
2LBS \$5⁵⁰ LB

GARDEN VEGETABLE SOUP
4LBS \$14⁰⁰ BAG

CAULI W'WNGZ
3LBS \$4⁰⁰ LB

T/L PIEROGIES FROM HAZELTON \$12⁰⁰ for 4DZ

BACK IN STOCK

TYSON RANCH

STEAKS
24/8oz \$12⁰⁰ LB
12/8oz \$13⁰⁰ LB
CRYOVAC INDIVIDUALLY

ICELANDIC CRAB CAKES

3oz MARYLAND STYLE
24ct \$2⁸⁰ EACH
48ct \$2⁵⁰ EACH

4oz ANGUS BEEF BURGER

10LB BOX
\$35⁰⁰ CASH \$.88 EACH

PELLMAN CAKES MADE FROM SCRATCH

APPLE WALNUT CRUMB CAKE \$9⁰⁰
PEANUT BUTTER PIE \$15⁰⁰
RASPBERRY CHEESECAKE \$20⁰⁰
ASSORTED CHEESECAKE
PLAIN, CHOCOLATE CHIP, \$22⁰⁰
RASPBERRY and STRAWBERRY

BRAZILIAN LOBSTER TAILS

8oz - 10/12oz - 12/14oz-20oz

\$27⁹⁹LB 10 LB CASE
LESS THAN A CASE \$28⁹⁹LB

www.bandmprovisions.com

1040 N. GRAHAM ST.

Products and prices are available for cash n carry only.

ALLENTOWN

610-434-9611

View our website for many many more specials order online: cashncarry@bandmprovisions.com