



order online  
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm  
Wednesday-Friday 7am-4pm  
Saturday 8:15am-Noon

# FOOD OUTLET SAVINGS!



The Lehigh Valley's  
Leading Foodservice Distributor

Join us on Facebook  
for more specials!



FREE AND OPEN TO THE  
PUBLIC

With the increased demand we're currently  
experiencing, items can sell out. Prices are changing  
throughout the day. We appreciate your understanding  
as our communities work through this together.

December 11th- December 16th

## CHINCOTEAGUE SOUPS

LOBSTER BISQUE OR NEW  
ENGLAND CLAM CHOWDER  
52oz \$15<sup>00</sup> CAN

MD CRAB SOUP  
15oz - \$4<sup>50</sup> CAN

## COLOSSAL SHRIMP AND JUMBO LUMP CRABMEAT

5LBS U15 SHRIMP BLOCK  
1LB JUMBO LUMP CRAB MEAT  
\$40<sup>00</sup> PACKAGE

## HATFIELD PIT HAMS

16LB AVG \$3<sup>99</sup> LB

## U/10 SCALLOPS 5LB AVG \$23<sup>95</sup> LB

## JF MARTIN AND SON BBQ-5LB TUBS

PORK \$6<sup>00</sup> LB  
BEEF OR TURKEY  
\$7<sup>00</sup> LB

MEAT PACKAGE #1  
\$169<sup>99</sup>

CALL AHEAD TO ORDER  
41 LBS!  
10 POUNDS OF GROUND BEEF  
10 POUNDS B/S BREAST  
4 POUNDS FROZEN WINGS 1  
EACH 48 CT PIEROGIES 10  
LBS FROZEN PORK CHOPS 5  
LBS BREADED  
CHICKEN FINGERS  
24 HOURS NOTICE

## ROSINA MEATBALLS

1oz 10LBS \$6<sup>50</sup>LB

## JUMBO CRAB MEAT

1LB FROZEN - \$12<sup>50</sup> LB  
5LBS FROZEN - \$11<sup>50</sup> LB

## WILD CAUGHT HADDOCK or SALMON

10 LBS \$5<sup>99</sup> LB

## CLEARFIELD SLICED CHEESE

3LBS \$4<sup>90</sup>LB

## PRIME GRADE STEAKS

PRIME TENDERLOINS 7LB AVG \$27<sup>99</sup>LB  
PRIME RIB/RIB BYES 20LB AVG \$19<sup>99</sup>LB

## CHOICE GRADE

CHOICE TENDERLOINS 7LB AVG \$22<sup>99</sup> LB  
CHOICE PRIME RIB/RIB EYES 18LB AVG \$17<sup>50</sup> LB

## ENTRY LEVEL

BEEF TENDERLOIN 7LB AVG \$13<sup>99</sup> LB  
NY STRIP STEAKS 12LB AVG \$6<sup>79</sup>LB  
RIB EYES 12LB AVG \$8<sup>99</sup>LB

CHUCK EYE STEAKS 15LB AVG \$5<sup>89</sup>LB  
BEEF SHORT RIBS 10LB AVG \$6<sup>25</sup>LB  
SHORT LOINS 20 LB AVG \$6<sup>90</sup>LB  
ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

\*\*USDA INSPECTED\*\*  
FRESH GROUND  
BEEF  
90/10

20 LBS - \$4<sup>09</sup> LB  
10 LBS - \$4<sup>25</sup> LB

## CHICKEN FAJITA STRIPS

COOKED AND  
READY TO GO!  
\$6<sup>00</sup> LB 5LBS

GROUND  
IN HOUSE  
MEATLOAF MIX  
BEEF, PORK & VEAL  
\$6<sup>25</sup>LB 10LBS  
24 HR NOTICE

## SCALLOPS WRAPPED IN BACON 30ct \$30<sup>00</sup>

FILET WRAPPED IN  
BACON 24ct \$25<sup>00</sup>

## WHITE AMERICAN CHEESE

120 CT- 5LBS  
\$3<sup>40</sup> LB

## FRESH WILD CAUGHT JUMBO CRAB MEAT

1LB- \$20<sup>00</sup> LB  
5LBS- \$19<sup>00</sup> LB

U15 SHRIMP  
5LBS \$5<sup>99</sup>LB

## FILLINGS FOR KIFFLE AND ROLLS

APRICOT FILLING 1LB \$5<sup>50</sup> LB  
LEKVAR 1LB \$4<sup>50</sup> LB

CV COOPER SHARP  
CHEESE  
5LBS \$4<sup>99</sup> LB

## FRESH CHICKEN - CALL AHEAD!

FRESH B/S CHICKEN 3cs \$1<sup>55</sup>LB  
BREASTS 40LBS \$1<sup>65</sup>LB  
20LBS \$1<sup>75</sup>LB

FRESH PARTY WINGS 40LBS \$2<sup>75</sup>LB

FROZEN PARTY WINGS 10LBS \$2<sup>69</sup>LB  
CHICKEN LEG 1/4's 40LBS \$<sup>90</sup> LB

CATTLEMANS ANGUS  
GROUND CHUCK - FROZEN  
2/5LBS \$3<sup>99</sup> LB

16/20 RAW SHRIMP P/D 2LBS  
\$8<sup>00</sup> LB  
16/20 COOKED P/D 2LBS  
\$10<sup>50</sup> LB

## EUROPEAN KIELBASI

2LB AVG  
\$7<sup>50</sup> LB

CALL TO  
RESERVE

## BRAZILIAN LOBSTER TAILS

8oz - 10/12oz - 12/14oz-20oz  
\$27<sup>99</sup>LB 10 LB CASE  
LESS THAN A CASE \$28<sup>99</sup>LB

ROAST BEEF - 6LB AVG  
WHOLE OR SLICED \$6<sup>99</sup>LB

## BOARDWALK FRIES

Seasoned  
4.5 LBS \$12<sup>95</sup> BAG

CHICKEN NUGGETS 5LBS  
\$3<sup>45</sup> LB

CORN R'BZ  
4LB BAG \$2<sup>50</sup> LB BATTERED

ONION RINGS  
2LBS \$5<sup>50</sup> LB

MOZZARELLA STICKS  
2LBS \$5<sup>50</sup> LB

PICKLE SPEARS  
2LBS \$7<sup>50</sup>LB

CAULI W'WNGZ  
3LBS \$4<sup>00</sup> LB

T/L PIEROGIES FROM  
HAZELTON \$12<sup>00</sup> for 4DZ

\*BACK IN STOCK\*

## TYSON RANCH STEAKS

24/8oz \$12<sup>00</sup> LB  
12/8oz \$13<sup>00</sup> LB  
CRYOVAC INDIVIDUALLY

## ICELANDIC CRAB CAKES

3oz MARYLAND STYLE  
24ct \$2<sup>80</sup> EACH  
48ct \$2<sup>50</sup> EACH

4oz ANGUS BEEF BURGER

10LB BOX  
\$35<sup>00</sup> CASH \$.88 EACH

## PELLMAN CAKES MADE FROM SCRATCH

CARROT CAKE \$16<sup>00</sup>  
PEANUT BUTTER PIE \$15<sup>00</sup>  
RASPBERRY CHEESECAKE \$20<sup>00</sup>  
ASSORTED CHEESECAKE  
PLAIN, CHOCOLATE CHIP, \$22<sup>00</sup>  
RASPBERRY and STRAWBERRY

[www.bandmprovisions.com](http://www.bandmprovisions.com)

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ALLENTOWN

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