



FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!



FREE AND OPEN TO THE PUBLIC

order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

The Lehigh Valley's
Leading Foodservice Distributor

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

Hours: Monday-Tuesday 7am-3:30pm
Wednesday -Friday 7am-4pm
Saturday 8:15am-Noon

November 6th- November 11th

LOWEST PRICE IN YEARS!
SHRIMP U15 SIZE
5LBS HEADLESS \$5⁹⁵ LB
50LB CASE \$5²⁵ LB

COLOSSAL SHRIMP AND JUMBO LUMP CRABMEAT
5LBS U15 SHRIMP BLOCK
1LB JUMBO LUMP CRAB MEAT
\$40⁰⁰ PACKAGE

RTC TURKEY BREAST COOKED IN A BAG
\$5⁰⁰ LB 9LB AVG

ALA HENRI PA DUTCH STUFFING
\$5⁰⁰ LB 5LBS

JF MARTIN AND SON BBQ-5LB TUBS
PORK \$6⁰⁰ LB
BEEF OR TURKEY \$7⁰⁰ LB

MEAT PACKAGE #1 \$169⁹⁹
CALL AHEAD TO ORDER
41 LBS!
10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREAST
4 POUNDS FROZEN WINGS 1
EACH 48 CT PIEROGIES 10
LBS FROZEN PORK CHOPS 5
LBS BREADED CHICKEN FINGERS
24 HOURS NOTICE

COOPER CV SHARP CHEESE
5LBS \$4⁹⁹ LB
20 LBS \$4⁸⁵ LB

JUMBO CRAB MEAT
1LB FROZEN - \$12⁵⁰ LB
5LBS FROZEN - \$11⁵⁰ LB

PIERCE WING DINGS & ZINGS (HOT)
BREADED AND COOKED HEAT N EAT
15 LBS \$69⁰⁰ BOX

CLEARFIELD SLICED CHEESE
3LBS \$4⁹⁰ LB

BEEF TENDERLOIN COMMERCIAL GRADE
6LB AVG \$14⁰⁰LB

BEEF BRISKETS 12LB AVG \$5⁴⁹ LB

BEEF TENDERLOINS CHOICE GRADE \$19⁹⁹ LB
7LB AVG

PRIME GRADE TENDERLOIN 6LB AVG \$27⁹⁵LB

RIB EYES 13 LB AVG \$8⁷⁵LB

BEEF SHORT RIBS 10 LB AVG \$6²⁵LB

NY STRIP STEAKS 14 LB AVG \$6⁷⁰LB

SHORT LOINS 20 LB AVG \$6⁹⁰LB
ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

****USDA INSPECTED** FRESH GROUND BEEF**
90/10
20 LBS - \$4⁰⁹ LB
10 LBS - \$4²⁵ LB

CHICKEN FAJITA STRIPS
COOKED AND READY TO GO!
\$6⁰⁰ LB 5LBS

GROUND IN HOUSE MEATLOAF MIX
BEEF, PORK & VEAL
\$6²⁵LB 10LBS
24 HR NOTICE

LEIDY'S BACON IRREGULAR BACON
\$3⁰⁰ LB 15LBS

WHITE AMERICAN CHEESE
120 CT- 5LBS \$3⁴⁰ LB

FRESH WILD CAUGHT JUMBO CRAB MEAT
1LB- \$20⁰⁰ LB
5LBS \$19⁰⁰ LB

FILLINGS FOR KIFFLE AND ROLLS
APRICOT FILLING 1LB \$5⁵⁰ LB
LEKVAR 1LB \$4⁵⁰ LB
GYRO MEAT - FULLY COOKED BEEF AND LAMB \$6⁰⁰ LB 5LBS

FRESH CHICKEN - CALL AHEAD!
FRESH B/S CHICKEN BREASTS 3cs \$1⁵⁵LB
40LBS \$1⁶⁵LB
20LBS \$1⁷⁵LB
FRESH PARTY WINGS 40LBS \$2⁷⁵LB
FROZEN PARTY WINGS 10LBS \$2⁶⁹LB
CHICKEN LEG 1/4's 40LBS \$.⁹⁰ LB

STEAKS-FRESH CUT \$115⁰⁰
8 OZ NY STRIPS (4)
8 OZ RIB EYE STEAK (4) 6 OZ
FILET MIGNON (4) 24 HOUR NOTICE

KING CRAB LEGS
10LB BOX - \$31⁰⁰ LB 5LB - \$32⁰⁰ LB
CALL TO RESERVE
610-434-9611- LIMITED SUPPLY!

BRAZILIAN LOBSTER TAILS 10-12oz
\$27⁹⁹LB 10 LB CASE - LESS THAN A CASE \$28⁹⁹LB

BOARDWALK FRIES
Seasoned
4.5 LBS \$12⁹⁵ BAG

CHICKEN NUGGETS 5LBS \$3⁴⁵ LB
DUSTED CRIMINI MUSHROOMS 2LBS \$4⁰⁰LB
CORN NUGGETS 2LBS \$4⁰⁰ LB
MOZZARELLA STICKS 2LBS \$5⁵⁰ LB
GARDEN VEGETABLE SOUP 4LBS \$14⁰⁰ BAG
CAULI W'WNGZ 3LBS \$4⁰⁰ LB

T/L PIEROGIES FROM HAZELTON \$12⁰⁰ for 4DZ

***BACK IN STOCK* TYSON RANCH STEAKS**
24/8oz \$12⁰⁰ LB
12/8oz \$13⁰⁰ LB
CRYOVAC INDIVIDUALLY

LS PEPPERONI 2LB AVG \$6²⁹ LB

****ALERT** BACK IN STOCK!**
4oz ANGUS BEEF BURGER
10 LB BOX
\$35⁰⁰ CASH \$.88 EACH

PELLMAN CAKES MADE FROM SCRATCH
APPLE WALNUT CRUMB CAKE \$9⁰⁰
PEANUT BUTTER PIE \$15⁰⁰
RASPBERRY CHEESECAKE \$20⁰⁰
ASSORTED CHEESECAKE PLAIN, CHOCOLATE CHIP, \$22⁰⁰
RASPBERRY and STRAWBERRY

www.bandmprovisions.com

1040 N. GRAHAM ST.

Products and prices are available for cash n carry only.

ALLENTOWN 610-434-9611

View our website for many many more specials order online: cashncarry@bandmprovisions.com