



# FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!



The Lehigh Valley's  
Leading Foodservice Distributor

**FREE AND OPEN TO THE PUBLIC**

order online  
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
BASED ON MARKET RESULTS

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

Hours: Monday-Tuesday 7am-3:30pm  
Wednesday-Friday 7am-4pm  
Saturday 8:15am-Noon

**October 8th- October 14th**

**CHINCOTEAGUE SEAFOOD SOUPS**  
RED CRAB VEGETABLE SOUP-15oz 3-14<sup>95</sup> CANS  
ADD 1LB JUMBO CRAB - \$11<sup>00</sup>  
NEW ENGLAND CLAM CHOWDER 51oz -YIELDS DOUBLE \$15<sup>00</sup>  
LOBSTER BISQUE \$15<sup>00</sup> YIELDS DOUBLE

**ROSINA MEATBALLS**  
1oz - 10 LBS \$5<sup>99</sup> LB

**HAND CUT LAMB CHOPS**  
LOLLIPOP 1 LB AVG  
10pc AVG \$22<sup>95</sup>

**FRESH PORK**  
BONE IN BUTT 20LB  
AVE \$2<sup>49</sup> LB

**BONELESS BUTT 14LB**  
AVG \$2<sup>79</sup> LB

**MEAT PACKAGE #1**  
\$169<sup>99</sup>  
CALL AHEAD TO ORDER  
41 LBS!  
10 POUNDS OF GROUND BEEF  
10 POUNDS B/S BREST  
5 POUNDS FROZEN WINGS 1  
EACH 48 CT PIEROGIES 10  
LBS FROZEN PORK CHOPS 5  
LBS BREADED  
CHICKEN FINGERS  
24 HOURS NOTICE

**COOPER CV SHARP CHEESE**  
5LBS \$4<sup>99</sup> LB  
20 LBS \$4<sup>85</sup> LB

**JUMBO CRAB MEAT**  
1LB FROZEN - \$12<sup>50</sup> LB  
5LBS FROZEN - \$11<sup>50</sup> LB

**PIERCE WING DINGS & ZINGS (HOT)**  
BREADED AND COOKED  
HEAT N EAT  
15 LBS \$69<sup>00</sup> BOX

**FRESH ROAST BEEF**  
7LB AVG SLICED  
\$7<sup>50</sup> LB

**BEEF TENDERLOIN COMMERCIAL GRADE**  
6LB AVG \$14<sup>00</sup>LB  
**BEEF BRISKETS** 12LB AVG \$5<sup>49</sup>LB  
**BEEF TENDERLOINS CHOICE GRADE** 7LB AVG \$19<sup>99</sup> LB  
**PRIME GRADE TENDERLOIN** 6LB AVG \$27<sup>95</sup>LB  
**RIB EYES** 13 LB AVG \$8<sup>75</sup>LB  
**BEEF SHORT RIBS** 10 LB AVG \$6<sup>25</sup>LB  
**NY STRIP STEAKS** 14 LB AVG \$6<sup>70</sup>LB  
**SHORT LOINS** 20 LB AVG \$6<sup>90</sup>LB  
ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

**\*\*USDA INSPECTED\*\***  
FRESH GROUND BEEF  
90/10  
20 LBS - \$4<sup>09</sup> LB  
10 LBS - \$4<sup>25</sup> LB

**B&M CHIP STEAK**  
10 LB BOX PORTIONED  
BEEF CHIP STEAK - \$6<sup>25</sup> LB  
CHICKEN CHIP STEAK - \$4<sup>25</sup> LB  
TALLARICO STEAK SAUCE - \$3<sup>50</sup> JAR

**LEIDY'S BACON**  
IRREGULAR CUT  
15 LBS  
\$3<sup>00</sup> LB

**WHITE AMERICAN CHEESE**  
120 CT- 5LBS  
\$3<sup>40</sup> LB

**FRESH WILD CAUGHT JUMBO CRAB MEAT**  
1LB- \$20<sup>00</sup> LB  
5LBS \$19<sup>00</sup> LB

**KING CRAB LEGS**  
10LB BOX - \$31<sup>00</sup> LB  
5LB - \$32<sup>00</sup> LB  
CALL TO RESERVE  
610-434-9611  
LIMITED SUPPLY!

**FRESH CHICKEN - CALL AHEAD!**  
FRESH B/S CHICKEN BREASTS 40 LBS \$1<sup>80</sup>LB  
20 LBS \$2<sup>00</sup>LB  
FRESH PARTY WINGS 40 LBS \$2<sup>75</sup>LB  
FROZEN PARTY WINGS 10 LBS \$2<sup>69</sup>LB  
CHICKEN LEG 1/4's 40 LBS \$.<sup>90</sup> LB

**STEAKS-FRESH CUT**  
\$115<sup>00</sup>  
8 OZ NY STRIPS (4)  
8 OZ RIB EYE STEAK (4) 6 OZ  
FILET MIGNON (4) 24 HOUR  
NOTICE

**ICELANDIC MD CRAB CAKES** 3oz  
24ct \$2<sup>40</sup> EACH  
48ct \$2<sup>25</sup> EACH

**HADDOCK**  
6/8oz FILETS  
10LB BOX \$7<sup>25</sup> LB

**HATFIELD KIELBASI**  
3.5 LB BUNDLE \$5<sup>50</sup> LB

**BOARDWALK FRIES**  
Seasoned  
4.5 LBS \$12<sup>95</sup> BAG  
**SHRIMP - SHRIMP - SHRIMP**  
TIGER U-4 PRAWNS  
HEAD ON 2LBS \$15<sup>00</sup> LB  
16/20 RAW SHRIMP P/D  
2LBS \$7<sup>75</sup> LB  
16/20 COOKED SHRIMP  
2LBS \$10<sup>00</sup> LB  
16/20 BUTTERFLIED  
COCONUT BREADED  
SHRIMP 3LBS \$9<sup>00</sup> LB  
16/20 BUTTERFLIED  
BREADED SHRIMP  
2.5LBS \$8<sup>50</sup>LB

**T/L PIEROGIES FROM HAZELTON** \$12<sup>00</sup> for 4DZ

**\*BACK IN STOCK\***  
**TYSON RANCH STEAKS**  
24/8oz \$12<sup>00</sup> LB  
12/8oz \$13<sup>00</sup> LB  
CRYOVAC INDIVIDUALLY

**LS PEPPERONI**  
2LB AVG \$6<sup>29</sup> LB

**\*\*ALERT\*\***  
**BACK IN STOCK!**  
4oz ANGUS BEEF BURGER  
10 LB BOX  
\$35<sup>00</sup> CASH \$.88 EACH

**PELLMAN CAKES**  
MADE FROM SCRATCH  
RASPBERRY CHEESECAKE \$20<sup>00</sup>  
CHOCOLATE TORTE CAKE \$17<sup>00</sup>  
CHOCOLATE MOUSSE PIE \$10<sup>00</sup>  
VAREITY CHEESECAKE \$22<sup>00</sup>

**www.bandmprovisions.com**

**1040 N. GRAHAM ST.**

Products and prices are available for cash n carry only.

**ALLENTOWN**

View our website for many many more specials order online: cashncarry@bandmprovisions.com

**610-434-9611**