



# FOOD OUTLET SAVINGS!

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**FREE AND OPEN TO THE PUBLIC**

order online  
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm  
Wednesday-Friday 7am-4pm  
Saturday 8:15am-Noon

The Lehigh Valley's  
Leading Foodservice Distributor

October 2nd- October 7th

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

**CHINCOTEAGUE SEAFOOD SOUPS**  
**RED CRAB VEGETABLE SOUP-15oz**  
3-\$14<sup>95</sup> CANS  
ADD 1LB JUMBO CRAB - \$11<sup>00</sup>  
**NEW ENGLAND CLAM CHOWDER**  
51oz -YIELDS DOUBLE \$15<sup>00</sup>  
**LOBSTER BISQUE**  
\$15<sup>00</sup>-YIELDS DOUBLE

**BEEF TENDERLOIN COMMERCIAL GRADE**  
6LB AVG \$14<sup>00</sup>LB  
**BEEF BRISKETS** 12LB AVG \$5<sup>49</sup>LB  
**BEEF TENDERLOINS CHOICE GRADE** 7LB AVG \$19<sup>99</sup> LB  
**PRIME GRADE TENDERLOIN** 6LB AVG \$27<sup>95</sup>LB  
**RIB EYES** 13 LB AVG \$8<sup>75</sup>LB  
**BEEF SHORT RIBS** 10 LB AVG \$6<sup>25</sup>LB  
**NY STRIP STEAKS** 14 LB AVG \$6<sup>70</sup>LB  
**SHORT LOINS** 20 LB AVG \$6<sup>90</sup>LB  
ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

**BOARDWALK FRIES**  
Seasoned  
4.5 LBS \$12<sup>95</sup> BAG  
**SHRIMP - SHRIMP - SHRIMP**  
**TIGER U-4 PRAWNS**  
HEAD ON 2LBS \$15<sup>00</sup> LB  
**16/20 RAW SHRIMP P/D**  
2LBS \$7<sup>75</sup> LB  
**16/20 COOKED SHRIMP**  
2LBS \$10<sup>00</sup> LB  
**16/20 BUTTERFLIED COCONUT BREADED SHRIMP** 3LBS \$9<sup>00</sup> LB  
**16/20 BUTTERFLIED BREADED SHRIMP** 2.5LBS \$8<sup>50</sup>LB

**FRESH PORK BONE IN BUTT**  
20LB AVE \$2<sup>49</sup> LB  
**BONELESS BUTT**  
14LB AVG \$2<sup>79</sup> LB

**\*\*USDA INSPECTED\*\***  
**FRESH GROUND BEEF**  
90/10  
20 LBS - \$4<sup>09</sup> LB  
10 LBS - \$4<sup>25</sup> LB

**B&M CHIP STEAK**  
**10 LB BOX PORTIONED**  
**BEEF CHIP STEAK** - \$6<sup>25</sup> LB  
**CHICKEN CHIP STEAK** - \$4<sup>25</sup> LB  
TALLARICO STEAK SAUCE - \$3<sup>50</sup> JAR

**T/L PIEROGIES FROM HAZELTON** \$12<sup>00</sup> for 4DZ

**MEAT PACKAGE #1**  
\$169<sup>99</sup>  
CALL AHEAD TO ORDER!!  
41 LBS!

**LEIDY'S BACON IRREGULAR CUT**  
15 LBS \$3<sup>00</sup> LB

**WHITE AMERICAN CHEESE**  
120 CT- 5LBS \$3<sup>40</sup> LB

**\*BACK IN STOCK\***  
**TYSON RANCH STEAKS**  
24/8oz \$12<sup>00</sup> LB  
12/8oz \$13<sup>00</sup> LB  
CRYOVAC INDIVIDUALLY

10 POUNDS OF GROUND BEEF  
10 POUNDS B/S BREST  
5 POUNDS FROZEN WINGS  
1 EACH 48 CT PIEROGIES  
10 LBS FROZEN PORK CHOPS  
5 LBS BREADED CHICKEN FINGERS  
24 HOURS NOTICE

**FRESH WILD CAUGHT JUMBO CRAB MEAT**  
1LB- \$20<sup>00</sup> LB  
5LBS \$19<sup>00</sup> LB

**KING CRAB LEGS**  
10LB BOX - \$31<sup>00</sup> LB  
5LB - \$32<sup>00</sup> LB  
CALL TO RESERVE  
610-434-9611  
LIMITED SUPPLY!

**GROUND TURKEY**  
10LBS \$2<sup>65</sup> LB  
**\*\*ALERT\*\***  
**30 CASES IN STOCK**  
4oz ANGUS BEEF BURGER  
10 LB BOX  
\$35<sup>00</sup> CASH \$.88 EACH

**COOPER CV SHARP CHEESE**  
5LBS \$4<sup>99</sup> LB  
20 LBS \$4<sup>85</sup> LB

**FRESH CHICKEN - CALL AHEAD!**  
**FRESH B/S CHICKEN BREASTS** 40 LBS \$2<sup>29</sup>LB  
20 LBS \$2<sup>39</sup>LB  
**FRESH PARTY WINGS** 40 LBS \$2<sup>75</sup>LB  
**FROZEN PARTY WINGS** 10 LBS \$2<sup>69</sup>LB  
**CHICKEN LEG 1/4's** 40 LBS \$.<sup>90</sup> LB

**PELLMAN CAKES**  
MADE FROM SCRATCH  
RASPBERRY CHEESECAKE \$20<sup>00</sup>  
CHOCOLATE TORTE CAKE \$17<sup>00</sup>  
CHOCOLATE MOUSSE PIE \$10<sup>00</sup>  
VAREITY CHEESECAKE \$22<sup>00</sup>

**JUMBO CRAB MEAT**  
1LB FROZEN - \$12<sup>50</sup> LB  
5LBS FROZEN - \$11<sup>50</sup> LB

**PIERCE WING DINGS & ZINGS (HOT)**  
BREADED AND COOKED  
HEAT N EAT  
15 LBS \$69<sup>00</sup> BOX

**STEAKS-FRESH CUT**  
**\$115<sup>00</sup>**  
8 OZ NY STRIPS (4)  
8 OZ RIB EYE STEAK (4) 6 OZ  
FILET MIGNON (4) 24 HOUR  
NOTICE

**ICELANDIC MD CRAB CAKES** 3oz  
24ct \$2<sup>40</sup> EACH  
48ct \$2<sup>25</sup> EACH

**HADDOCK**  
6/8oz FILETS  
10LB BOX \$7<sup>25</sup> LB

**PRIMA PORTA SWEET ITALIAN SAUSAGE**  
10 LBS \$3<sup>89</sup> LB

**HATFIELD KIELBASI**  
3.5 LB BUNDLE \$5<sup>50</sup> LB

**www.bandmprovisions.com**

1040 N. GRAHAM ST.

**ALLENTOWN**  
**610-434-9611**

Products and prices are available for cash n carry only.  
View our website for many many more specials order online: cashncarry@bandmprovisions.com