

Graham St.  
**B&M PROVISIONS**  
 Union Blvd.

# FOOD OUTLET SAVINGS!

Join us on Facebook  
 for more specials!



The Lehigh Valley's  
 Leading Foodservice Distributor

**FREE AND OPEN TO  
 THE PUBLIC**

order online  
 cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
 BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm  
 Wednesday - Friday 7am-4pm  
 Saturday 8:15am-Noon  
 CLOSED LABOR DAY

September 5th- September 9th

With the increased demand we're currently  
 experiencing, items can sell out. Prices are changing  
 throughout the day. We appreciate your understanding  
 as our communities work through this together.

## HATFIELD SWEET ITALIAN SAUSAGE

ROPE - 10 LBS  
**\$3<sup>80</sup> LB**

## TYSON CHICKEN TENDERS

10 LBS **\$4<sup>65</sup> LB**

## SHRIMP AND CRAB MEAT

1LB JUMBO CRAB MEAT  
 2LBS FROZEN SHRIMP  
 16/20  
 (PEELED AND DEVEINED)  
**\$28<sup>00</sup>**

## MEAT PACKAGE #1

**\$169<sup>99</sup>**

CALL AHEAD TO ORDER!!41  
 LBS!!

10 POUNDS OF GROUND BEEF  
 10 POUNDS B/S BREAST  
 5 POUNDS FROZEN WINGS  
 1 EACH 48 CT PIEROGIES  
 10 LBS FROZEN PORK CHOPS  
 5 LBS BREADED  
 CHICKEN FINGERS  
 24 HOURS NOTICE

## COOPER CV SHARP CHEESE

5LBS \$4<sup>99</sup> LB  
 20 LBS \$4<sup>85</sup> LB

## JUMBO CRAB MEAT

1LB FROZEN - \$12<sup>50</sup> LB  
 5LBS FROZEN - \$11<sup>50</sup> LB

## PIERCE WING DINGS OR ZINGS (HOT)

BREADED AND COOKED  
 HEAT N EAT

15 LBS **\$65<sup>00</sup> BOX**

## HATFIELD PHILLY FRANKS

ALL BEEF 8-1LB  
 3 LBS **\$3<sup>99</sup> LB**

## BEEF TENDERLOIN COMMERCIAL GRADE

6LB AVG **\$14<sup>00</sup>LB**

BEEF BRISKETS 12LB AVG **\$4<sup>95</sup>LB**

BEEF TENDERLOINS CHOICE GRADE **\$19<sup>99</sup> LB**

7LB AVG

PRIME GRADE TENDERLOIN 6LB AVG **\$27<sup>95</sup>LB**

RIB EYES 13 LB AVG **\$9<sup>25</sup>LB**

BEEF SHORT RIBS 10 LB AVG **\$6<sup>25</sup>LB**

NY STRIP STEAKS 14 LB AVG **\$6<sup>70</sup>LB**

SHORT LOINS 20 LB AVG **\$6<sup>90</sup>LB**

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

\*\*USDA INSPECTED\*\*  
 FRESH GROUND  
 BEEF

90/10

20 LBS - \$4<sup>09</sup> LB  
 10 LBS - \$4<sup>25</sup> LB

## B&M CHIP STEAK

10 LB BOX PORTIONED

BEEF CHIP STEAK - \$6<sup>25</sup> LB

CHICKEN CHIP STEAK - \$4<sup>25</sup> LB  
 TALLARICO STEAK SAUCE - \$3<sup>50</sup> JAR

## CLEARFIELD CHEESE - \$4<sup>75</sup> LB

SLICED 72 ct - 3 LBS or BLOCK 5 LBS

## BURGERS CHOICE GRADE

5oz - 10 LBS  
**\$6<sup>50</sup> LB**

## 4oz CERTIFIED ANGUS BEEF

72ct - 18 LBS **\$40<sup>00</sup> CASE**

## KING CRAB LEGS

10LB BOX - \$31<sup>00</sup> LB  
 5LB - \$32<sup>00</sup> LB

## PORK SPARE RIBS

10 LBS **\$1<sup>85</sup> LB**

## CALL TO RESERVE

610-434-9611  
 LIMITED SUPPLY!

## BOARDWALK FRIES

Seasoned

4.5 LBS **\$12<sup>95</sup> BAG**

## APPETIZERS

2 LBS BREADED CAULIFLOWER

\$4<sup>95</sup> LB

2 LBS CORN NUGGETS

\$4<sup>95</sup> LB

2.5 LBS MOZZARELLA STICKS

5<sup>75</sup>LB

FRENCH FRIES

\$11<sup>00</sup> BAG

2 LBS ONION RINGS

4<sup>95</sup> LB

## T/L PIEROGIES

FROM HAZELTON

**\$12<sup>00</sup> for 4DZ**

## JF MARTIN AND SONS BBQ

5 LB TUBS - 20 PORTIONS

PORK \$5<sup>95</sup>LB

BEEF \$6<sup>95</sup>LB

TURKEY \$6<sup>95</sup>LB

## GOLBON ALL BEEF BURGERS

4/1LB 10 LBS \$4<sup>80</sup> LB

VENDOR FOR OVER 50 YEARS

## BERK'S RING BOLOGNA

2.5 LB AVG **\$4<sup>79</sup> LB**

## WHITE AMERICAN CHEESE

SLICED 5LBS **\$3<sup>29</sup> LB**

## PELLMAN CAKES

MADE FROM SCRATCH

BANANA CAKE \$15<sup>00</sup>

CARROT CAKE \$15<sup>00</sup>

NY CHEESECAKE \$20<sup>00</sup>

ASSORTED CHEESECAKE

\$22<sup>00</sup>

## FRESH CHICKEN - CALL AHEAD!

FRESH B/S CHICKEN BREASTS 40 LBS **\$2<sup>45</sup>LB**

20 LBS **\$2<sup>55</sup>LB**

FRESH PARTY WINGS 40 LBS **\$2<sup>59</sup>LB**

FROZEN PARTY WINGS 10 LBS **\$2<sup>10</sup>LB**

CHICKEN LEG 1/4's 40 LBS **\$.<sup>90</sup> LB**

## STEAKS-FRESH CUT

**\$115<sup>00</sup>**

8 OZ NY STRIPS (4)

8 OZ RIB EYE STEAK (4) 6 OZ

FILET MIGNON (4) 24 HOUR

NOTICE

## CHOICE GRADE

NY STRIPS

14 LBS **\$8<sup>00</sup> LB**

LIMITED SUPPLY!

CALL TO HAVE CUT!

## LOBSTER TAILS

9oz, 12/14oz  
 and 24oz

10cs **\$30<sup>00</sup> LB**

LESS THAN A CASE  
**\$31<sup>00</sup> LB**

**www.bandmprovisions.com**

1040 N. GRAHAM ST.

ALLENTOWN

610-434-9611

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com