



# FOOD OUTLET SAVINGS!

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The Lehigh Valley's  
Leading Foodservice Distributor

**FREE AND OPEN TO THE PUBLIC**

order online  
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm  
Wednesday - Friday 7am-4pm  
Saturday 8:15am-Noon

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

**August 21st- August 26th**

## BEEF PATTY BRISKET AND GROUND CHUCK

CHUCK 4oz (42 BURGERS)  
10.5 LB CASE \$43<sup>00</sup> CASE

BEEF PATTY STEAK BURGERS  
8oz  
10LB CASE \$41<sup>00</sup> CASE

## ALA HENRI CHICKEN TENDERS

\$6<sup>50</sup> LB 10 LBS

SHRIMP AND CRAB MEAT

1LB JUMBO CRAB MEAT  
2LBS FROZEN SHRIMP  
16/20  
(PEELED AND DEVEINED)  
\$28<sup>00</sup>

## MEAT PACKAGE #1

\$169<sup>99</sup>

CALL AHEAD TO ORDER!#41  
LBS!!

10 POUNDS OF GROUND BEEF  
10 POUNDS B/S BREAST  
5 POUNDS FROZEN WINGS  
1 EACH 48 CT PIEROGIES

10 LBS FROZEN PORK CHOPS  
5 LBS BREADED CHICKEN FINGERS  
24 HOURS NOTICE

COOPER CV SHARP CHEESE

5LBS \$4<sup>99</sup> LB  
20 LBS \$4<sup>85</sup> LB

JUMBO CRAB MEAT

1LB FROZEN - \$12<sup>50</sup> LB  
5LBS FROZEN - \$11<sup>50</sup> LB

KZ PICKLES 32oz

KZ HOMEMADE PICKLES \$4<sup>00</sup>

KZ HOT PICKLES \$4<sup>00</sup>

KZ SWEET HORSERADISH CHIPS \$5<sup>50</sup>

GREAT FOR FUNDRAISING!  
DOUBLE YOUR \$\$

BEEF TENDERLOIN COMMERCIAL GRADE  
6LB AVG \$14<sup>00</sup>LB

BEEF BRISKETS 12LB AVG \$4<sup>95</sup>LB

BEEF TENDERLOINS CHOICE GRADE 7LB AVG \$19<sup>99</sup> LB

PRIME GRADE TENDERLOIN 6LB AVG \$27<sup>95</sup>LB

RIB EYES 20 LB AVG \$8<sup>95</sup>LB

BEEF SHORT RIBS 10 LB AVG \$6<sup>25</sup>LB

NY STRIP STEAKS 14 LB AVG \$6<sup>70</sup>LB

SHORT LOINS 20 LB AVG \$6<sup>90</sup>LB

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

\*\*USDA INSPECTED\*\*  
FRESH GROUND BEEF  
90/10  
20 LBS - \$4<sup>09</sup> LB  
10 LBS - \$4<sup>25</sup> LB

**B&M CHIP STEAK**  
10 LB BOX PORTIONED

BEEF CHIP STEAK - \$6<sup>25</sup> LB  
CHICKEN CHIP STEAK - \$4<sup>25</sup> LB  
TALLARICO STEAK SAUCE - \$3<sup>50</sup> JAR

CLEARFIELD CHEESE - \$4<sup>75</sup> LB  
SLICED 72 ct - 3 LBS or BLOCK 5 LBS

BURGERS CHOICE GRADE 5oz - 10 LBS \$6<sup>50</sup> LB

BREADED VEAL PORTIONED  
10 LBS \$6<sup>50</sup> LB

FRESH CUT!  
RIB EYE STEAKS  
4/5oz 10LB AVG \$8<sup>95</sup> LB

CALL TO ORDER  
RSO'S FAVORITE SANDWICH

PORK SPARE RIBS  
10 LBS \$1<sup>85</sup> LB

FRESH CHICKEN - CALL AHEAD!

FRESH B/S CHICKEN BREASTS 40 LBS \$2<sup>15</sup>LB  
20 LBS \$2<sup>25</sup>LB

FRESH PARTY WINGS 40 LBS \$2<sup>29</sup>LB  
FROZEN PARTY WINGS 10 LBS \$2<sup>10</sup>LB  
CHICKEN LEG 1/4's 40 LBS \$.<sup>90</sup> LB

**STEAKS-FRESH CUT**  
\$115<sup>00</sup>

8 OZ NY STRIPS (4)  
8 OZ RIB EYE STEAK (4) 6 OZ  
FILET MIGNON (4) 24 HOUR  
NOTICE

TYSON 8oz RANCH STEAKS (CRYOVAC)  
24 ct \$12<sup>00</sup> LB  
12 ct \$13<sup>00</sup> LB

COLOSSAL LOBSTER TAILS  
24 oz and up  
\$31<sup>50</sup> LB

SOLE FILETS 4oz  
5LB BOX \$6<sup>95</sup> LB

**APPETIZERS**

2 LBS BREADED CAULIFLOWER \$4<sup>95</sup> LB  
2 LBS CORN NUGGETS \$4<sup>95</sup> LB  
2.5 LBS MOZZARELLA STICKS \$7<sup>50</sup> LB  
FRENCH FRIES \$11<sup>00</sup> BAG  
2 LBS ONION RINGS \$4<sup>95</sup> LB

T/L PIEROGIES FROM HAZELTON \$12<sup>00</sup> for 4DZ

JF MARTIN AND SONS BBQ  
5 LB TUBS - 20 PORTIONS PORK \$5<sup>95</sup>LB  
BEEF \$6<sup>95</sup>LB  
TURKEY \$6<sup>95</sup>LB

GOLBON ALL BEEF BURGERS  
4/1LB 10 LBS \$4<sup>80</sup> LB  
VENDOR FOR OVER 50 YEARS

BERK'S RING BOLOGNA  
2.5 LB AVG \$4<sup>79</sup> LB

WHITE AMERICAN CHEESE  
SLICED 5LBS \$3<sup>29</sup> LB

PELLMAN CAKES MADE FROM SCRATCH

BANANA CAKE \$15<sup>00</sup>  
CARROT CAKE \$15<sup>00</sup>  
NY CHEESECAKE \$20<sup>00</sup>  
ASSORTED CHEESECAKE \$22<sup>00</sup>

**www.bandmprovisions.com**

1040 N. GRAHAM ST.  
ALLENTOWN  
610-434-9611

Products and prices are available for cash n carry only.  
View our website for many many more specials order online: cashncarry@bandmprovisions.com