



FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!



The Lehigh Valley's
Leading Foodservice Distributor

FREE AND OPEN TO THE PUBLIC

order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm
Wednesday-Friday 7am-4pm
Saturday 8:15am-Noon

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

July 24th- July 29th

SURF N TURF
2-12oz NY STRIPS
CHOICE GRADE
1- FRESH JUMBO
LUMP CRAB MEAT
\$48⁰⁰

**TYSON CHICKEN
TENDERS**
\$4⁵⁰ LB 10 LBS

SHRIMP AND CRAB MEAT
1LB JUMBO CRAB MEAT
2LBS FROZEN SHRIMP
16/20
(PEELED AND DEVEINED)
\$28⁰⁰

MEAT PACKAGE #1
\$169⁹⁹
CALL AHEAD TO ORDER!#41
LBS!

10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREAST
5 POUNDS FROZEN WINGS
1 EACH 48 CT PIEROGIES
10 LBS FROZEN PORK CHOPS
5 LBS BREADED
CHICKEN FINGERS
24 HOURS NOTICE

COOPER CV SHARP CHEESE
5LBS \$4⁹⁹ LB
20 LBS \$4⁸⁵ LB

JUMBO CRAB MEAT
1LB FROZEN - \$12⁵⁰ LB
5LBS FROZEN - \$11⁵⁰ LB

LOBSTER TAILS
10/12oz, 12/14 oz
and 24oz TAILS
10 LB CASE \$31⁰⁰ LB
Less than case \$31⁵⁰ LB

BERKS HOT DOGS
10-1LB PACKAGES
\$3⁸⁰LB

**8oz ANGUS
BEEF BURGERS**
10 LBS \$4¹⁰ LB

BEEF TENDERLOIN COMMERCIAL GRADE
6LB AVG **\$14⁰⁰LB**
CHOICE BEEF BRISKETS 12LB AVG \$5⁸⁵LB
PRIME GRADE TENDERLOINS 6LB AVG \$27⁹⁵LB
RIB EYES 20LBAVG \$8⁹⁵LB
DELMONICO STEAKS CHOICE GRADE \$14⁷⁵LB
16LB AVG
BEEF SHORT RIBS 10 LB AVG \$6²⁵LB
NY STRIP STEAKS 14 LB AVG \$8²⁰LB
SHORT LOINS 20 LB AVG \$6⁹⁰LB

****USDA INSPECTED**
FRESH GROUND
BEEF**
90/10
20 LBS - \$4⁰⁹ LB
10 LBS - \$4²⁵ LB

B&M CHIP STEAK
10 LB BOX PORTIONED
BEEF CHIP STEAK - \$6²⁵ LB
CHICKEN CHIP STEAK - \$4²⁵ LB
TALLARICO STEAK SAUCE - \$3⁵⁰ JAR

CLEARFIELD CHEESE - \$4⁷⁵ LB
SLICED 72 ct - 3 LBS or BLOCK 5 LBS

BURGERS CHOICE GRADE 5oz - 10 LBS \$6⁵⁰ LB

LUNCH MEAT
BERKS HICKORY SMOKED
BERKSHIRE HAMS
\$3⁰⁰ LB

**FRESH CUT!
RIB EYE STEAKS**
4/5oz 10LB AVG
\$8⁹⁵ LB
CALL TO ORDER
RSO'S FAVORITE
SANDWICH

ROAST BEEF
7LB AVG \$6⁹⁹ LB
ADD \$.50 to SLICE

FRESH CHICKEN - CALL AHEAD!
FRESH B/S CHICKEN BREASTS 3cs \$1⁶⁵LB
1cs \$1⁷⁵LB
20 LBS \$1⁸⁵LB
FRESH JUMBO PARTY WINGS 40 LBS \$1⁷⁵LB
CHICKEN LEG 1/4's 40 LBS \$⁹⁰ LB
FROZEN PARTY WINGS 10 LBS \$2⁰⁰ LB

STEAKS-FRESH CUT
\$115⁰⁰
8 OZ NY STRIPS (4)
8 OZ RIB EYE STEAK (4) 6 OZ
FILET MIGNON (4) 24 HOUR
NOTICE

SHRIMP 16/20
COOKED P/D 2LBS \$10⁵⁰ LB

APPETIZERS
2 LBS BREADED CAULIFLOWER
\$4⁹⁵ LB
2 LBS CORN NUGGETS
\$4⁹⁵ LB
2.5 LBS MOZZARELLA STICKS
5⁷⁵LB
FRENCH FRIES
\$11⁰⁰ BAG
2 LBS ONION RINGS
4⁹⁵ LB

**JF MARTIN AND
SONS BBQ**
5 LB TUBS - 20 PORTIONS
PORK \$5⁹⁵LB
BEEF \$6⁹⁵LB
TURKEY \$6⁹⁵LB

**GOLBON ALL BEEF
BURGERS**
4/1LB 10 LBS \$4⁸⁰ LB
VENDOR FOR OVER 50 YEARS

BERK'S RING BOLOGNA
2.5 LB AVG \$4⁷⁹ LB

**PRIMA PORTA
SWEET ITALIAN
SAUSAGE**
10 LBS \$3⁶⁹ LB

SPARE RIBS
10LB BOX \$1⁸⁰ LB

**WHOLE TURKEY
WINGS**
30LBS \$1⁷⁵ LB

PACKAGE #2
40-4oz ALL BEEF BURGERS
24 EACH HATFIELD HOT DOGS
3 EACH BABY BACK RIBS
10 LBS FROZEN PARTY WINGS
\$105⁰⁰

www.bandmprovisions.com

1040 N. GRAHAM ST.

ALLENTOWN

610-434-9611

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com