

<b>Graham St.</b>	Union Blvd.
<b>B&amp;M PROVISIONS</b>	

order online  
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm  
Wednesday - Friday 7am-4pm  
Saturday 8:15am-Noon

# FOOD OUTLET SAVINGS!



Join us on Facebook  
for more specials!



**FREE AND OPEN TO THE PUBLIC**

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

**July 10th- July 15th**

**PELLMAN CAKES**  
MADE FROM SCRATCH  
OVER 25+ VARIETIES

CARROT CAKE - \$15<sup>00</sup>  
KEY LIME PIE - \$14<sup>00</sup>  
BANANA CAKE - \$15<sup>00</sup> NY  
CHEESECAKE - \$20<sup>00</sup>  
ASSORTED CHEESECAKE \$22<sup>00</sup>  
**BACK IN STOCK!**

**BEEF TENDERLOIN COMMERCIAL GRADE**  
6LB AVG **\$14<sup>00</sup>LB**

**CHOICE BEEF BRISKETS** 12LB AVG **\$5<sup>85</sup>LB**  
**PRIME GRADE TENDERLOINS** 6LB AVG **\$27<sup>95</sup>LB**  
**RIB EYES** 20LBAVG **\$8<sup>95</sup>LB**  
**DELMONICO STEAKS CHOICE GRADE** 16LB AVG **\$14<sup>75</sup>LB**  
**BEEF SHORT RIBS** 10 LB AVG **\$6<sup>25</sup>LB**  
**NY STRIP STEAKS** 14 LB AVG **\$8<sup>20</sup>LB**  
**SHORT LOINS** 20 LB AVG **\$6<sup>90</sup>LB**

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

**SHRIMP 16/20**  
**RAW P/D 2LBS \$7<sup>50</sup> LB**

**APPETIZER PACKAGE**  
CAN BUY INDIVIDUALLY

**BREADED CAULIFLOWER** 2 LBS  
**CORN NUGGETS** -2 LBS  
**BREADED CHICKEN TENDERS** - 5 LBS  
**MOZZARELLA STICKS**- 2 LBS  
**FRESH FRIES** - 5 LBS  
**ONION RINGS** - 2.5 LBS  
**\$88<sup>00</sup>**

**MEAT PACKAGE #1**  
**\$169<sup>99</sup>**  
CALL AHEAD TO ORDER!!41 LBS!!

10 POUNDS OF GROUND BEEF 10 POUNDS B/ S BREAST  
5 POUNDS FROZEN WINGS  
1 EACH 48 CT PIEROGIES  
10 LBS FROZEN PORK CHOPS  
5 LBS BREADED CHICKEN FINGERS  
**24 HOURS NOTICE**

**\*\*USDA INSPECTED\*\***  
**FRESH GROUND BEEF**  
90/10  
20 LBS - \$4<sup>09</sup> LB  
10 LBS - \$4<sup>25</sup> LB

**PIT HAMS**  
17 LB AVG **\$3<sup>99</sup> LB**  
**GREAT FOR BREAKFAST, LUNCH AND DINNERS**

**CLEARFIELD CHEESE - \$4<sup>75</sup> LB**  
SLICED 72 ct - 3 LBS or **BLOCK 5 LBS**

**JF MARTIN AND SONS BBQ**  
5 LB TUBS - 20 PORTIONS  
**PORK \$5<sup>95</sup>LB**  
**BEEF \$6<sup>95</sup>LB**  
**TURKEY \$6<sup>95</sup>LB**

**COOPER CV SHARP CHEESE**  
5LBS \$4<sup>99</sup> LB  
20 LBS \$4<sup>85</sup> LB

**BURGERS CHOICE GRADE** 5oz - 10 LBS **\$6<sup>50</sup> LB**

**GOLBON ALL BEEF BURGERS**  
4/1LB 10 LBS \$4<sup>80</sup> LB  
VENDOR FOR OVER 50 YEARS

**TYSON RANCH STEAKS**  
8oz CYROVAC  
12 PACK - 6LBS \$12<sup>50</sup> LB  
24 PACK - 12LBS \$12<sup>00</sup> LB

**16/20 BREADED BUTTERFLIED SHRIMP**  
2.5 LBS \$7<sup>50</sup> LB

**FRESH CUT! RIB EYE STEAKS**  
4/5oz 10LB AVG **\$8<sup>95</sup> LB**  
CALL TO ORDER  
RSO'S FAVORITE SANDWICH

**BERK'S RING BOLOGNA**  
2.5 LB AVG \$4<sup>79</sup> LB

**LOBSTER TAILS**  
10/12oz, 12/14 oz and 24oz TAILS  
10 LB CASE \$31<sup>00</sup> LB  
Less than case \$31<sup>50</sup> LB

**GROUND TURKEY**  
10 LBS \$2<sup>55</sup> LB

**PRIMA PORTA SWEET ITALIAN SAUSAGE**  
10 LBS \$3<sup>69</sup> LB

**BERKS HOT DOGS**  
10-1LB PACKAGES **\$3<sup>80</sup>LB**

**FRESH CHICKEN - CALL AHEAD!**

**FRESH B/S CHICKEN BREASTS** 3cs \$1<sup>65</sup>LB  
1cs \$1<sup>75</sup>LB  
20 LBS \$1<sup>85</sup>LB

**FRESH JUMBO PARTY WINGS** 40 LBS \$1<sup>75</sup>LB  
**CHICKEN LEG 1/4's** 40 LBS \$<sup>90</sup> LB  
**FROZEN PARTY WINGS** 10 LBS \$2<sup>00</sup> LB

**GYRO MEAT**  
5LBS COOKED \$7<sup>00</sup> LB

**8oz ANGUS BEEF BURGERS**  
**10 LBS \$4<sup>10</sup> LB**

**STEAKS-FRESH CUT \$115<sup>00</sup>**  
8 OZ NY STRIPS (4)  
8 OZ RIB EYE STEAK (4) 6 OZ  
FILET MIGNON (4) 24 HOUR  
NOTICE

**PACKAGE #2**  
40-4oz ALL BEEF BURGERS  
24 EACH HATFIELD HOT DOGS  
3 EACH BABY BACK RIBS  
10 LBS FROZEN PARTY WINGS  
**\$105<sup>00</sup>**

**www.bandmprovisions.com**

**1040 N. GRAHAM ST.**

Products and prices are available for cash n carry only.

**ALLENTOWN**

View our website for many many more specials order online: cashncarry@bandmprovisions.com

**610-434-9611**