



order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm
Wednesday - Friday 7am-4pm
Saturday 8:15am-Noon

FOOD OUTLET SAVINGS!



The Lehigh Valley's
Leading Foodservice Distributor

Join us on Facebook
for more specials!



GIFT CERTIFICATES
AVAILABLE

With the increased demand we're currently
experiencing, items can sell out. Prices are changing
throughout the day. We appreciate your understanding
as our communities work through this together.

March 20th- March 25th

EGGS AND BACON

HEISLER'S EGGS

FARM FROM TAMAQUA
MED LOCAL EGGS

15 DZ \$2⁴⁰ DZ

CALL AHEAD TO RESERVE

LEIDY'S BACON

SLICED IRREGULAR FRESH BACON

15 LBS \$2⁵⁰ LB

FREE! OPEN TO THE PUBLIC!

BEEF TENDERLOINS 6LBAVG \$12⁹⁵LB

RIB EYES 20LBAVG \$7⁹⁹LB

BEEF SHORT RIBS 10 LB AVG \$4⁹⁹LB

NY STRIP STEAKS 14 LB AVG \$6⁹⁹LB

SHORT LOINS 20 LB AVG \$5⁹⁹LB

(T-BONE and PORTERHOUSE)

OXTAILS 15 LB AVG \$6⁹⁹ LB

RTC TURKEY BREAST 10 LB AVG \$5⁵⁰ LB

COOK IN BAG - NO WASTE!

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

USDA INSPECTED

FRESH GROUND BEEF

90/10

20 LBS - \$3⁹⁹Lb 10 LBS \$4¹⁹ LB

PRIME BEEF BRISKETS

12 LB AVG

\$5⁵⁰ LB

LIMITED SUPPLY!

MEAT PACKAGE #1

\$169⁹⁹

CALL AHEAD TO ORDER!!41
LBS!

10 POUNDS OF
GROUND BEEF 10 POUNDS B/
S BREAST

5 POUNDS FROZEN WINGS

1 EACH 48 CT PIEROGIES

10 LBS FROZEN PORK CHOPS

5 LBS BREADED
CHICKEN FINGERS

24 HOURS NOTICE

BATTERED ONION PETALS

7LB BOX \$4⁹⁹ LB

BREADED JALEPENO POPPERS with CHEDDAR CHEESE

7 LBS \$6⁰⁰ LB

BATTERED CORN NUGGETS

2 LBS \$4⁰⁰ LB

MOZZARELLA STICKS

2LBS \$5⁵⁰ LB

T/L's HALUSHKI AND PANCAKE BATTER

MADE FROM SCRATCH

2LB TUBS \$5⁹⁹ LB

ALA HENRI CHICKEN 10 LBS \$7⁵⁹LB

TENDERS (BEST ON THE MARKET)

WING ZINGS AND DINGS

15 LB CASE \$4⁹⁹ LB

PELLMAN CAKES - MADE FROM SCRATCH OVER 20 VARIETIES

CHOCOLATE MOUSSE CAKE - \$11⁰⁰

BLACK FOREST CAKE - \$15⁰⁰

NY CHEESECAKE - \$20⁰⁰

PEANUT BUTTER TRIPLE CHOCOLATE CAKE - \$20⁰⁰

FRESH CHICKEN PRICE DROP! - CALL AHEAD!

FRESH B/S CHICKEN BREAST 3/40 LBS \$1⁸⁹ LB

40 LBS \$2¹⁰ LB

20 LBS \$2²⁰ LB

FRESH PARTY WINGS - CASH DEAL 40 LBS \$1⁵⁰ LB

CHICKEN LEG 1/4's 40 LBS \$.⁶⁵ LB

B&M CHIP STEAK

BEEF CHIP STEAK
10 LBS \$6²⁵ LB

CHICKEN CHIP STEAK
10 LBS \$4²⁵ LB

ADD A TALLARICO STEAK
SAUCE 14 oz \$3⁵⁰

PRIME GRADE
BEEF TENDERLOIN
RSO's FAVORITE

7 LB AVG \$26⁰⁰ LB

SLICED WHITE
AMERICAN CHEESE

120 ct SLICED \$2⁸⁹ LB

FLOUNDER STUFFED
WITH SEAFOOD STUFFING
10LB CASE

3.5 OZ \$7⁵⁰ LB

JF MARTIN AND
SONS BBQ

5 LB TUBS - 20 PORTIONS

PORK \$5⁶⁵ LB

BEEF \$6⁵⁰ LB

TURKEY \$6⁵⁰ LB

ICELANDIC HADDOCK

5LB CELLO PACK
\$10⁹⁹ LB

HOMEMADE T/L
PIEROGIES

4 dz \$12⁰⁰ BAG

SHRIMP

PEELED AND DEVEINED

16/20 RAW 2 LBS \$8⁰⁰ LB

16/20 COOKED 2 LBS \$10⁵⁰ LB

ICELANDIC CRAB CAKES

3oz MD STYLE

24 - \$2⁸⁰ EACH

48 - \$2⁵⁰ EACH

STEAKS-FRESH CUT

\$105⁰⁰

8 OZ NY STRIPS (4)

8 OZ RIB EYE STEAK (4) 6 OZ

FILET MIGNON (4) 24 HOUR

NOTICE

KZ LOCAL PICKLES

GREAT FUNDRAISER -1 QUART CONTAINERS

DILL PICKLES \$4⁰⁰

HOT PICKLES \$4⁰⁰

SWEET HORSERADISH CHIPS \$5⁵⁰

PICKLED TOMATOES \$5⁵⁰

www.bandmprovisions.com

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com

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ALLENTOWN

610-434-9611