



FOOD OUTLET SAVINGS!

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GIFT CERTIFICATES AVAILABLE

order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm
Wednesday - Friday 7am-4pm
Saturday 8:15am-Noon

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

March 13th- March 18th

HEISLER'S EGGS

FARM FROM TAMAQUA

MED LOCAL EGGS

15 DZ \$2⁴⁰ DZ

CALL AHEAD TO RESERVE

MEAT PACKAGE #1

\$169⁹⁹

CALL AHEAD TO ORDER!!
41 LBS!!

10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREAST
5 POUNDS FROZEN WINGS
1 EACH 48 CT PIEROGIES
10 LBS FROZEN PORK CHOPS
5 LBS BREADED CHICKEN FINGERS
24 HOURS NOTICE

LOBSTER TAILS 12/14 oz

\$28⁵⁰LB - 10 LBS

\$29⁵⁰LB LESS THAN A CASE

BATTERED ONION PETALS

7LB BOX \$4⁹⁹ LB

BREADED JALEPENO POPPERS
with CHEDDAR CHEESE

7 LBS \$6⁰⁰ LB

BATTERED CORN NUGGETS

2 LBS \$4⁰⁰ LB

ONION RINGS

2.5 LB BAG \$4⁷⁵ LB

PIEROGI'S

FARMERS CHEESE, JALAPENO,
BACON CHEDDAR, CABBAGE,
SAUERKRAUT, SPINACH FETA,
\$3⁹⁹ DOZEN

PERFECT FOR LENT

ICELANDIC CRAB CAKES

3oz MD STYLE
24 - \$2⁸⁰ EACH

48 - \$2⁵⁰ EACH

FREE! OPEN TO THE PUBLIC!

BEEF TENDERLOINS 6LBAVG \$12⁹⁵LB

RIB EYES 20LBAVG \$7⁹⁹LB

BEEF SHORT RIBS 10 LB AVG \$4⁹⁹LB

NY STRIP STEAKS 14 LB AVG \$6⁹⁹LB

SHORT LOINS 20 LB AVG \$5⁹⁹LB

(T-BONE and PORTERHOUSE)

OXTAILS 15 LB AVG \$6⁹⁹ LB

LEIDY'S BACON 15 LB AVG IRREGULAR CUT \$2⁵⁰ LB

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

USDA INSPECTED

FRESH GROUND BEEF

90/10

20 LBS - \$3⁹⁹Lb 10 LBS \$4¹⁹ LB

PRIME BEEF BRISKETS

12 LB AVG
\$5⁵⁰ LB

LIMITED SUPPLY!

RAW CORNED BEEF \$5⁴⁵ LB 15LB AVG
MARINTED IN SPICES

ALA HENRI CHICKEN 10 LBS \$7⁵⁹LB
TENDERS (BEST ON THE MARKET)

WING ZINGS AND DINGS

15 LB CASE \$4⁹⁹ LB

PELLMAN CAKES - MADE FROM SCRATCH
OVER 20 VARIETIES

CHOCOLATE MOUSSE CAKE - \$11⁰⁰

BLACK FOREST CAKE - \$15⁰⁰

NY CHEESECAKE - \$20⁰⁰

PEANUT BUTTER TRIPLE CHOCOLATE CAKE - \$20⁰⁰

FRESH CHICKEN PRICE DROP! - CALL AHEAD!

FRESH B/S CHICKEN BREAST 3/40 LBS \$1⁸⁹ LB

40 LBS \$2¹⁰ LB

20 LBS \$2²⁰ LB

FRESH B/S THIGHS 40 LBS \$1⁷⁰ LB

CHICKEN LEG 1/4's 40 LBS \$⁶⁵ LB

STEAKS-FRESH CUT

\$105⁰⁰

8 OZ NY STRIPS (4)
8 OZ RIB EYE STEAK (4) 6 OZ
FILET MIGNON (4) 24 HOUR
NOTICE

CLEARFIELD CHEESE- \$4⁷⁵ LB

SLICED 72 ct - 3 LBS
BLOCK 5 LBS

MRS RESSLER'S
TOP ROUND ROAST BEEF

7 LB AVG \$6⁹⁹ LB - SLICED OR WHOLE

B&M CHIP STEAK

BEEF CHIP STEAK
10 LBS \$6²⁵ LB

CHICKEN CHIP STEAK
10 LBS \$4²⁵ LB

ADD A TALLARICO STEAK
SAUCE 14 oz \$3⁵⁰

PRIME GRADE
BEEF TENDERLOIN
RSO's FAVORITE

7 LB AVG \$26⁰⁰ LB

PROVOLONE CHEESE
BLOCK

\$3⁶⁰ LB - 10LB AVG

FLOUNDER STUFFED
WITH SEAFOOD STUFFING
10LB CASE
3.5 OZ \$7⁵⁰ LB

JF MARTIN AND
SONS BBQ

5 LB TUBS - 20 PORTIONS

PORK \$5⁶⁵ LB
BEEF \$6⁵⁰ LB
TURKEY \$6⁵⁰ LB

ICELANDIC HADDOCK

5LB CELLO PACK
\$10⁹⁹ LB

HOMEMADE T/L
PIEROGIES

4 dz \$12⁰⁰ BAG

SHRIMP

PEELED AND DEVEINED

16/20 RAW 2 LBS \$8⁹⁰ LB

16/20 COOKED 2 LBS \$10⁵⁰ LB

www.bandmprovisions.com

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com

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ALLENTOWN

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