



order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm
Wednesday - Friday 7am-4pm
Saturday 8:15am-Noon

FOOD OUTLET SAVINGS!



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for more specials!



GIFT CERTIFICATES
AVAILABLE

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

February 20th- February 25th

HEISLER'S EGGS

FARM FROM TAMAQUA
MED LOCAL EGGS

15 DZ \$2²⁵ DZ

CALL AHEAD TO RESERVE

MEAT PACKAGE #1

\$169⁹⁹

CALL AHEAD TO ORDER!!
41 LBS!!

10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREST
5 POUNDS FROZEN WINGS
1 EACH 48 CT PIEROGIES
10 LBS FROZEN PORK CHOPS
5 LBS BREADED
CHICKEN FINGERS
24 HOURS NOTICE

BATTERED

PICKLE CHIPS

2 LBS \$7⁰⁰ LB

BATTERED

ONION PETALS

7LB BOX \$4⁹⁹ LB

BATTERED

CORN NUGGETS

2 LBS \$4⁰⁰ LB

BUTTERFLIED

BREADED SHRIMP

3LBS \$8⁵⁰ LB

ADD A BAG OF FF- \$10⁰⁰

PIEROGI'S

FARMERS CHEESE, JALAPENO,
BACON CHEDDAR, CABBAGE,
SAUERKRAUT, SPINACH FETA,
\$3⁹⁹ DOZEN

PERFECT FOR LENT

ICELANDIC CRAB CAKES

3oz MD STYLE

24 - \$2⁸⁰ EACH

48 - \$2⁵⁰ EACH

FREE! OPEN TO THE PUBLIC!

BEEFTENDERLOINS 6LBAVG \$12⁹⁵LB

RIBEYES 20 LBAVG \$7⁹⁹LB

BEEF SHORT RIBS 10 LB AVG \$4⁹⁹LB

NY STRIP STEAKS 14 LB AVG \$6⁴⁹LB

SHORT LOINS 20 LB AVG \$5⁹⁹LB

(T-BONE and PORTERHOUSE)

BEEF BRISKET 10 LB AVG \$4⁷⁹LB

OXTAILS 15 LB AVG \$6⁹⁹ LB

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

USDA INSPECTED

FRESH GROUND BEEF

90/10

20 LBS - \$3⁹⁹Lb 10 LBS \$4¹⁹ LB

ICELANDIC HADDOCK FILLETS

5 LB

CELLO PACKETS

\$10⁵⁰ LB

RAW POLLOCK FILLETS 10 LB BOX \$3⁹⁹ LB

ALA HENRI CHICKEN 10 LBS \$7⁵⁹

LB TENDERS (BEST ON THE MARKET)

CRAB MEAT AND LOBSTER CLAWS

COLOSSAL \$21⁰⁰ - 1 LB CAN

LOBSTER CLAWS AND LEGS - 2 LBS \$16⁰⁰ LB

PELLMAN CAKES

MADE FROM SCRATCH - OVER 20 VARIETIES

RASPBERRY CHOCOLATE CAKE \$24⁰⁰

CHEESECAKE \$20⁰⁰

BANANA, COCONUT OR CARROT CAKES \$15⁰⁰

FRESH CHICKEN PRICE DROP! - CALL AHEAD!

FRESH B/S CHICKEN BREST 4/40 LBS \$1⁷⁹ LB

40 LBS \$1⁸⁹ LB

20 LBS \$2⁰⁰ LB

FRESH PARTY WINGS (FLATS AND DRUMS) \$2¹⁵LB 40 LB CASE

CHICKEN LEG 1/4's 40 LBS \$.⁶⁵ LB

STEAKS-FRESH CUT

\$105⁰⁰

8 OZ NY STRIPS (4)

8 OZ RIB EYE STEAK (4) 6 OZ

FILET MIGNON (4) 24 HOUR

NOTICE

EYE ROUND ROAST

5LB AVG \$4⁹⁹ LB

ROSINA MEATBALLS

\$5⁹⁹ LB 2-5 LB BAGS

A family recipe passed down from 3 generations
made with simple ingredients and
authentic,italian spices

B&M CHIP STEAK

BEEF CHIP STEAK
10 LBS \$6²⁵ LB

CHICKEN CHIP STEAK
10 LBS \$4²⁵ LB

ADD A TALLARICO STEAK
SAUCE 14 oz \$3⁵⁰

ALASKAN WILD CAUGHT SALMON

10 LBS 6oz PORTIONS
\$7⁸⁵ LB

JF MARTIN AND SONS

BBQ 5LB CONTAINERS

PORK \$5⁵⁰ LB

BEEF OR TURKEY
\$6⁵⁰ LB

HICKORY SMOKED BACON

SLICED SLAB STYLE

15 LBS \$3⁹⁵ LB

HORMEL LONG STICK

PEPPERONI
2 LBS \$6⁰⁰ LB

HIGHLINER BATTERED HADDOCK FILLETS

10 LB BOX \$7⁹⁹ LB

32 PC BOX

HOMEMADE T/L

PIEROGIES

4 dz \$12⁰⁰ BAG

SHRIMP

PEELED AND DEVEINED

16/20 RAW 2 LBS \$8⁹⁰ LB

16/20 COOKED 2 LBS \$10⁵⁰ LB

www.bandmprovisions.com

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com

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ALLENTOWN

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