



FOOD OUTLET SAVINGS!

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GIFT CERTIFICATES AVAILABLE

order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm
Wednesday - Friday 7am-4pm
Saturday 8:15am-Noon

January 9th- January 14th

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

JUMBO 16/20 SHRIMP
PEELED AND DEVEINED
\$8⁵⁰ LB 2LB BAG

MEAT PACKAGE #1
\$169⁹⁹
CALL AHEAD TO ORDER!!
41 LBS!!

10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREAST
5 POUNDS FROZEN WINGS
1 EACH 48 CT PIEROGIES
10 LBS FROZEN PORK CHOPS
5 LBS BREADED CHICKEN FINGERS
24 HOURS NOTICE

BATTERED PICKLE CHIPS
2 LBS \$7⁰⁰ LB

BATTERED EGGPLANT FRIES
5 LBS \$4⁵⁰ LB

BATTERED CORN NUGGETS
2 LBS \$4⁰⁰ LB

ZUCCHINI STICKS
3.5 LB BAG \$4⁵⁰ LB

BUTTERFLIED BREADED SHRIMP
3LBS \$8⁵⁰ LB
ADD A BAG OF FF- \$10⁰⁰

POPPERS BREADED CHEDDAR CHEESE STUFFED JALAPENO
4LBS \$7⁰⁰

BATTERED ONION PETALS
7LB BOX \$4⁹⁹ LB

PIERCE WING DINGS OR ZINGS
15 LBS \$77⁹⁵

FREE! OPEN TO THE PUBLIC!

BEEFTENDERLOINS 6LBAVG \$12⁹⁵LB
RIBEYES 20 LBAVG \$7⁹⁹LB
BEEF SHORT RIBS 10 LB AVG \$4⁹⁹LB
NY STRIP STEAKS 14 LB AVG \$6⁴⁹LB
SHORT LOINS 20 LB AVG \$5⁹⁹LB
(T-BONE and PORTERHOUSE)
BEEF BRISKET 10 LB AVG \$4⁷⁹LB
OXTAILS 15 LB AVG \$6⁹⁹LB
ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

****USDA INSPECTED****
FRESH GROUND BEEF
90/10
20 LBS - \$3⁹⁹LB 10 LBS \$4¹⁹ LB
BEEF AND PORK MIX
FRESH GROUND IN HOUSE
GREAT FOR MEATLOAF OR MEATBALLS
\$4⁵⁰ LB 5LBS

RAW IQF WINGS 5 LBS \$2⁵⁰ LB
HORMEL PEPPERONI 2 LB AVG \$5⁷⁹ LB
LONG STICK
BERKS RING BOLOGNA 2.5 LB AVG \$4⁸⁹LB
ALA HENRI CHICKEN TENDERS 10 LBS \$7⁵⁹ LB
(BEST ON THE MARKET)

FRESH CRAB MEAT BLOWOUT
1 LB CANS
COLOSSAL \$21⁰⁰ SUPER LUMP \$18⁰⁰

SEA BEST - IMITATION SEA FLAKES
1LB \$4⁰⁰ - 2 LB MINIMUM

FRESH CHICKEN PRICE DROP! - CALL AHEAD!
FRESH B/S CHICKEN BREAST 4/40 LBS \$1³⁹ LB
40 LBS \$1⁵⁰ LB
20 LBS \$1⁶⁰ LB
FRESH PARTY WINGS (FLATS AND DRUMS) \$1⁵⁰ 40 LB CASE
CHICKEN LEG 1/4's 40 LBS \$.⁶⁰ LB

STEAKS-FRESH CUT
\$105⁰⁰
8 OZ NY STRIPS (4)
8 OZ RIB EYE STEAK (4) 6 OZ
FILET MIGNON (4) 24 HOUR
NOTICE

B&M CHIP STEAK
BEEF CHIP STEAK 10 LBS \$6²⁵ LB
CHICKEN CHIP STEAK 10 LBS \$4²⁵ LB
ADD A TALLARICO STEAK SAUCE 14 oz \$3⁵⁰

CHOICE TOP ROUNDS FULLY TRIMMED NO WASTE
STEAKS, GROUND BEEF, CUBES, FAJITA STRIPS
\$4⁰⁰ LB

\$3⁵⁰ LB SPECIAL JF MARTIN
FRESH DUTCH HAMS 10 LB AVG \$3⁵⁰ LB
FRESH SLICED BACON 15LBS - \$3⁵⁰ LB
WHILE SUPPLIES LAST

J.F. MARTIN PRODUCTS
5 LB TUBS
PORK BBQ \$5⁵⁰ LB
BEEF BBQ \$6⁵⁰ LB
TURKEY BBQ \$6⁵⁰ LB

GYRO'S
BEEF OR CHICKEN 5 LBS \$7⁰⁰ LB

HOMEMADE T/L PIEROGIES
4 dz \$12⁰⁰ BAG

13/15 SHRIMP
2LBS RAW P/D \$11⁰⁰ LB

ICELANDIC SPECIALS
MD STYLE CRAB CAKES - 3oz
24- \$290 EACH 48- \$250 EACH
GREAT FOR FISH AND CHIPS
4oz BREADED HADDOCK - 24 PIECES \$9⁰⁰LB 6LB BOX - \$2²⁵ portion
ADD A BAG OF BOARDWALK FRIES (MADE IT A CAPSULE) \$12⁰⁰ BAG 4.5 LBS

www.bandmprovisions.com

1040 N. GRAHAM ST.
ALLENTOWN
610-434-9611

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com