



FOOD OUTLET SAVINGS!

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GIFT CERTIFICATES AVAILABLE

order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm
Wednesday - Friday 7am-4pm
Saturday 8:15am-Noon

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

January 30th - February 4th

HEISLER'S EGGS

FARM FROM TAMAQUA
MED LOCAL EGGS

15 DZ \$2⁵⁰ DZ

CALL AHEAD TO RESERVE

MEAT PACKAGE #1

\$169⁹⁹

CALL AHEAD TO ORDER!!
41 LBS!!

10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREST
5 POUNDS FROZEN WINGS
1 EACH 48 CT PIEROGIES
10 LBS FROZEN PORK CHOPS
5 LBS BREADED
CHICKEN FINGERS
24 HOURS NOTICE

BATTERED

PICKLE CHIPS

2 LBS \$7⁰⁰ LB

BATTERED ONION PETALS

7LB BOX \$4⁹⁹ LB

BATTERED CORN NUGGETS

2 LBS \$4⁰⁰ LB

BUTTERFLIED BREADED SHRIMP

3LBS \$8⁵⁰ LB
ADD A BAG OF FF- \$10⁰⁰

SUPERBOWL BLOWOUT PACKAGE!

FILET WRAPPED IN BACON - 24ct

21/25 SHRIMP - 2LBS
PEELED AND DEVEINED

PARTY WINGS - 5LBS

CHICKEN FRITTERS 5LBS

\$65⁰⁰

FREE! OPEN TO THE PUBLIC!

BEEFTENDERLOINS 6LBAVG \$12⁹⁵LB

RIBEYES 20 LBAVG \$7⁹⁹LB

BEEF SHORT RIBS 10 LB AVG \$4⁹⁹LB

NY STRIP STEAKS 14 LB AVG \$6⁴⁹LB

SHORT LOINS 20 LB AVG \$5⁹⁹LB

(T-BONE and PORTERHOUSE)

BEEF BRISKET 10 LB AVG \$4⁷⁹LB

OXTAILS 15 LB AVG \$6⁹⁹ LB

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

USDA INSPECTED

FRESH GROUND BEEF

90/10

20 LBS - \$3⁹⁹Lb 10 LBS \$4¹⁹ LB

ICELANDIC

HADDOCK FILLETS

5 LB
CELLO PACKETS

\$9⁹⁵ LB

FISH STICKS - 1oz - 10 LBS \$3⁹⁵ LB

ALA HENRI CHICKEN 10 LBS \$7⁵⁹ LB
TENDERS (BEST ON THE MARKET)

FRESH CRAB MEAT BLOWOUT

1 LB CANS

COLOSSAL \$21⁰⁰ SUPER LUMP \$18⁰⁰

PELLMAN CAKES

MADE FROM SCRATCH - OVER 20 VARIETIES

CHEESECAKE \$20⁰⁰

BANANA, COCONUT OR CARROT CAKES \$15⁰⁰

FRESH CHICKEN PRICE DROP! - CALL AHEAD!

FRESH B/S CHICKEN BREST 4/40 LBS \$1⁴⁸ LB

40 LBS \$1⁶⁵ LB

20 LBS \$1⁸⁰ LB

FRESH PARTY WINGS (FLATS AND DRUMS) \$1⁷⁵LB 40 LB CASE

CHICKEN LEG 1/4's 40 LBS \$.⁶⁰ LB

STEAKS-FRESH CUT

\$105⁰⁰

8 OZ NY STRIPS (4)
8 OZ RIB EYE STEAK (4) 6 OZ
FILET MIGNON (4) 24 HOUR
NOTICE

RTC TURKEY

TURKEY ROAST
WHITE AND
DARK MEAT

8LB AVG
\$5²⁵ LB

TYSON RANCH STEAK

24/8oz
\$11⁹⁵ LB

12/8oz
\$12⁹⁵ LB

B&M CHIP STEAK

BEEF CHIP STEAK
10 LBS \$6²⁵ LB

CHICKEN CHIP STEAK
10 LBS \$4²⁵ LB

ADD A TALLARICO STEAK
SAUCE 14 oz \$3⁵⁰

PORK SPARE RIBS

10 LBS \$1⁵⁵ LB

WHILE SUPPLIES LAST

ALASKAN WILD

CAUGHT SALMON
10 LBS 6oz PORTIONS
\$7⁸⁵ LB

STOUFFERS

MACARONI AND CHEESE

4LB TRAY \$15⁹⁵

MRS RESSLER'S ROAST BEEF

7LB AVG
SLICED \$7⁵⁰ LB

SLICED WHITE OR
ROASTED
7LB AVG \$8⁹⁵ LB

GROUND TURKEY

10 LBS FROZEN

\$2⁵⁰ LB

HOMEMADE T/L PIEROGIES

4 dz \$12⁰⁰ BAG

13/15 SHRIMP

2LBS RAW P/D

\$11⁰⁰ LB

www.bandmprovisions.com

1040 N. GRAHAM ST.

ALLENTOWN

610-434-9611

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com