



FOOD OUTLET SAVINGS!

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The Lehigh Valley's
Leading Foodservice Distributor

GIFT CERTIFICATES AVAILABLE

order online
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm
Wednesday - Friday 7am-4pm
Saturday 8:15am-Noon

January 23rd- January 28th

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

HEISLER'S EGGS

FARM FROM TAMAQUA
MED LOCAL EGGS

15 DZ \$2⁵⁰ DZ

CALL AHEAD TO RESERVE

MEAT PACKAGE #1

\$169⁹⁹

CALL AHEAD TO ORDER!!
41 LBS!!

10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREST
5 POUNDS FROZEN WINGS
1 EACH 48 CT PIEROGIES
10 LBS FROZEN PORK CHOPS
5 LBS BREADED
CHICKEN FINGERS
24 HOURS NOTICE

BATTERED

PICKLE CHIPS

2 LBS \$7⁰⁰ LB

BATTERED EGGPLANT FRIES

5 LBS \$4⁵⁰ LB

BATTERED CORN NUGGETS

2 LBS \$4⁰⁰ LB

ZUCCHINI STICKS

3.5 LB BAG \$4⁵⁰ LB

BUTTERFLIED BREADED SHRIMP

3LBS \$8⁵⁰ LB
ADD A BAG OF FF- \$10⁰⁰

POPPERS

BREADED
CHEDDAR CHEESE
STUFFED
JALAPENO

4LBS \$7⁰⁰

BATTERED ONION PETALS

7LB BOX \$4⁹⁹ LB

FREE! OPEN TO THE PUBLIC!

BEEFTENDERLOINS 6LBAVG \$12⁹⁵LB

RIBEYES 20 LBAVG \$7⁹⁹LB

BEEF SHORT RIBS 10 LB AVG \$4⁹⁹LB

NY STRIP STEAKS 14 LB AVG \$6⁴⁹LB

SHORT LOINS 20 LB AVG \$5⁹⁹LB

(T-BONE and PORTERHOUSE)

BEEF BRISKET 10 LB AVG \$4⁷⁹LB

OXTAILS 15 LB AVG \$6⁹⁹ LB

ORDERS MUST BE CALLED IN BEFORE NOON FOR SAME DAY PU

USDA INSPECTED

FRESH GROUND BEEF

90/10

20 LBS - \$3⁹⁹Lb 10 LBS \$4¹⁹ LB

HADDOCK FILLETS

6/8 oz - 10 LB BOX

\$7⁷⁵ LB

FISH STICKS - 1oz - 10 LBS \$3⁹⁵ LB

ALA HENRI CHICKEN 10 LBS \$7⁵⁹ LB
TENDERS (BEST ON THE MARKET)

FRESH CRAB MEAT BLOWOUT

1 LB CANS

COLOSSAL \$21⁰⁰ SUPER LUMP \$18⁰⁰

PELLMAN CAKES

MADE FROM SCRATCH - OVER 20 VARIETIES

CHEESECAKE \$20⁰⁰

BANANA, COCONUT OR CARROT CAKES \$15⁰⁰

FRESH CHICKEN PRICE DROP! - CALL AHEAD!

FRESH B/S CHICKEN BREAST 4/40 LBS \$1⁴⁸ LB

40 LBS \$1⁶⁵ LB

20 LBS \$1⁸⁰ LB

FRESH PARTY WINGS (FLATS AND DRUMS) \$1⁷⁵LB 40 LB CASE

CHICKEN LEG 1/4's 40 LBS \$.⁶⁰ LB

STEAKS-FRESH CUT

\$105⁰⁰

8 OZ NY STRIPS (4)
8 OZ RIB EYE STEAK (4) 6 OZ
FILET MIGNON (4) 24 HOUR
NOTICE

ICELANDIC SPECIALS

MD STYLE CRAB CAKES - 3oz
24- \$290 EACH 48- \$250 EACH

GREAT FOR FISH AND CHIPS
4oz BREADED HADDOCK - 24 PIECES
\$9⁰⁰LB 6LB BOX - \$2²⁵ portion

ADD A BAG OF BOARDWALK FRIES
\$12⁰⁰ BAG 4.5 LBS

B&M CHIP STEAK

BEEF CHIP STEAK
10 LBS \$6²⁵ LB

CHICKEN CHIP STEAK
10 LBS \$4²⁵ LB

ADD A TALLARICO STEAK
SAUCE 14 oz \$3⁵⁰

FROZEN SOUPS

ITALIAN WEDDING
SOUP 4LBS \$24⁰⁰

RIP ROARIN CRAB
SOUP \$24⁰⁰

BAKED POTATO SOUP
4LBS \$20⁰⁰

CHICKEN TORTILLA
SOUP \$20⁰⁰

YEILDS 11 CUPS of
6 oz SOUP

MRS RESSLER'S
ROAST BEEF

7LB AVG
SLICED \$7⁵⁰ LB

SLICED WHITE OR
ROASTED
7LB AVG \$8⁹⁵ LB

GROUND TURKEY

10 LBS FROZEN
\$2⁵⁰ LB

HOMEMADE T/L
PIEROGIES

4 dz \$12⁰⁰ BAG

13/15 SHRIMP
2LBS RAW P/D

\$11⁰⁰ LB

www.bandmprovisions.com

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com

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ALLENTOWN

610-434-9611