



# FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!



The Lehigh Valley's  
Leading Foodservice Distributor

**GIFT CERTIFICATES AVAILABLE**

order online  
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
BASED ON MARKET RESULTS

Hours: Monday-Tuesday 7am-3:30pm  
Wednesday 7am-4pm • Thursday 7am-4pm  
Friday 7am-4pm • Saturday 8:30am-Noon

February 7th - February 12th

With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

## Valentine's Day Special

### SURF N TURF

- 2-8oz Lobster Tails
- 2-6oz Filet Mignon
- \$79<sup>95</sup> PACKAGE**

### MEAT PACKAGE #1

**\$155<sup>00</sup>**  
CALL AHEAD TO ORDER!!  
41 LBS!!

- 10 POUNDS OF GROUND BEEF
- 10 POUNDS B/S BREST
- 5 POUNDS FROZEN WINGS
- 1 EACH 48 CT PIEROGIES
- 10 LBS FROZEN PORK CHOPS
- 5 LBS BREADED CHICKEN FINGERS
- 24 HOURS NOTICE

### PELLMAN CAKES

- CHOCOLATE CHIP CHEESECAKE \$18
- NEW YORK STYLE CHEESECAKE \$17
- RASPBERRY CHEESECAKE \$19
- CARROT CAKE \$13<sup>50</sup>

### SPECIAL

- CHOICE STRIP STEAKS 4-12 oz
- LOBSTER TAILS 8oz - 2 EACH
- \$91<sup>95</sup> FOR THE PACKAGE**

### APPETIZERS

- ZUCCHINI STICKS \$3<sup>95</sup> LB 2LBS
- BATTERED CAULIFLOWER \$3<sup>95</sup> LB 3LB
- CHEDDAR POPPERS 4LB \$28<sup>00</sup> BOX
- MOZZARELLA STICKS 3LBS \$4<sup>95</sup> LB

### GYRO PACKAGE

- 5LB Gyro Meat
- 1- Tzatzki Sauce
- \$42<sup>00</sup>**

## FREE! OPEN TO THE PUBLIC!

- RIB EYES** 20# AVG **\$8<sup>50</sup> LB**
- NY CHOICE STRIP STEAKS** **\$12<sup>50</sup> EACH**
- 4pc PACK 3# AVG - **GREAT DEAL**
- NY STRIP STEAKS** 20# AVG **\$6<sup>25</sup> LB**
- BEEF SHORT RIBS** - Choice Grade 12# AVG **\$6<sup>39</sup> LB**
- TOMAHAWK RIB EYE STEAKS** **\$33<sup>95</sup> LB**
- 2# AVG
- BEEF BRISKETS** -Choice Grade 12# AVG **\$6<sup>75</sup> LB**

- MD CRAB CAKES**
- 3oz 24ct- **\$2<sup>19</sup> each**
- 48ct- **\$1<sup>99</sup> each**

- PROVOLONE or SWISS SLICED CHEESE**
- 1.5 LB **\$4<sup>95</sup> LB**

- HOMEMADE T/L PIEROGIES**
- \$11<sup>00</sup>**

### MEAT PACKAGE #2

- 4-12oz CHOICE NY STRIPS
- 5 LBS BEEF CUBES
- 5 LBS CHUCK ROAST
- 5 LBS FRESH GB 90% LEAN
- \$125<sup>00</sup>**

### MEAT PACKAGES!

We do Meat Packages for Fire Halls, Social Clubs, Bingo and Fundraisers - All put together for your monthly events! Make your custom package with Rick. Call to order. **610-434-9611**

- SHRIMP AND FISH**
- 16/20 RAW SHRIMP 2 LBS \$10<sup>00</sup>
- 16/20 COOKED SHRIMP 2 LBS \$12<sup>00</sup>
- WHITING 5LB BAGS \$2<sup>99</sup> LB

- ALA HENRI**
- BREADED CHICKEN TENDERLOINS**
- STARTED in 1972
- LOCAL from HAZELTON
- \$5<sup>99</sup> LB - 10 LB**
- \$6<sup>50</sup> LB - 5 LBS**

- B&M CHIP STEAK**
- BEST IN THE LEHIGH VALLEY
- BEEF \$6<sup>25</sup> LB**
- CHICKEN \$4<sup>25</sup> LB**
- 4 oz- 10LB PACKAGES

- TURKEY DRUMSTICKS**
- \$1<sup>29</sup> LB 30LB CASE**

- WILD CAUGHT SALMON**
- 6oz PORTIONS
- \$7<sup>25</sup> LB 10 LBS**

- SOUP SPECIALS**
- CHINCOTEAGUE LOBSTER BISQUE with Lobster Body Meat \$24<sup>00</sup>

- FRESH GROUND BEEF**
- 90% LEAN- GROUND DAILY IN HOUSE
- \$4<sup>69</sup> LB - 10 LBS**
- \$3<sup>99</sup> LB - 50 LBS**

- BOARDWALK FRIES**
- 45LBS **\$10<sup>00</sup>**

- LOBSTER TAILS**
- BAHAMIAN LOBSTER TAILS 10/12 - 12/14 - 16/20 oz
- \$44<sup>95</sup> LB 10LB CASE**
- \$45<sup>95</sup> LB less than 10LBS**

- FRESH B/S CHICKEN BREAST** 40 LB CASE **\$3<sup>65</sup> LB**
- FRESH LEG 1/4S** 40# **75<sup>c</sup> LB**

- HATFIELD SPECIALS**
- HATFIELD BACON \$4<sup>99</sup> LB 15 LBS**

- PARTY WINGS FROZEN**
- 10# **\$5<sup>00</sup> LB**

- FARMLAND**
- BLACK ANGUS 5 oz BURGERS
- SILVER LABEL 10# **\$5<sup>99</sup> LB**

- COLOSSAL KING CRAB LEGS**
- \$52<sup>95</sup> LB 10 LB CASE**
- \$53<sup>95</sup> LESS THAN A CASE**
- Average leg weighs **1.5 LBS EACH**

- STEAKS-FRESH CUT**
- \$99<sup>00</sup>**
- 8 OZ NY STRIPS (4)
- 8 OZ RIB EYE STEAK (4)
- 6 OZ FILET MIGNON (4) 24 HOUR NOTICE

- BLACK GOLD RANCH STEAKS**
- 12 LB case **\$11<sup>95</sup> LB**
- 6 LB case **\$12<sup>95</sup> LB**
- CRYO-vac in packages of 2 each

**www.bandmprovisions.com**

**1040 N. GRAHAM ST.**

Products and prices are available for cash n carry only.

**ALLENTOWN**

View our website for many many more specials order online: cashncarry@bandmprovisions.com

**610-434-9611**