



# FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!



order online  
cashncarry@bandmprovisions.com

PRICES SUBJECT TO CHANGE  
BASED ON MARKET RESULTS

GIFT CERTIFICATES  
AVAILABLE



With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

Hours: Monday-Tuesday 7am-3:30pm  
Wednesday 7am-4pm • Thursday 7am-4pm  
Friday 7am-4pm • Saturday 8:30am-Noon

January 17th - January 22nd

## Valentine's Day Special

### SURF N TURF

2-8oz Lobster Tails

2-6oz Filet Mignon

**\$79<sup>95</sup> PACKAGE**

### MEAT PACKAGE #1

**\$15<sup>00</sup>**

CALL AHEAD TO ORDER!!  
41 LBS!!

10 POUNDS OF GROUND BEEF  
10 POUNDS B/S BREAST  
5 POUNDS FROZEN WINGS  
1 EACH 48 CT PIEROGIES  
10 LBS FROZEN PORK CHOPS  
5 LBS BREADED CHICKEN FINGERS  
**24 HOURS NOTICE**

## PELLMAN CAKES

STRAWBERRY SWIRL \$17  
CHEESECAKE

STRAWBERRIES AND CREAM CHEESECAKE \$15

APPLE WALNUT CRUMB \$9

BANANA CAKE \$13<sup>50</sup>

CARROT CAKE \$13<sup>50</sup>

JFMARTIN

FRESH COUNTRY STYLE HAM

10-12# AVG \$3<sup>49</sup> LB

3pc case, 35# case \$2<sup>99</sup> LB

Cash Price

## APPETIZERS

ZUCCHINI STICKS \$3<sup>95</sup> LB 2LBS

BATTERED CAULIFLOWER \$3<sup>95</sup> LB 3LB

CHEDDAR POPPERS 4LB \$28<sup>00</sup> BOX

JOHN MARTIN BAR-B-CUES TURKEY AND BEEF

**\$6<sup>25</sup>** LB

PORK

5 LB TUBS \$5<sup>50</sup> LB  
HEAT N EAT

## FREE! OPEN TO THE PUBLIC!

RIB EYES 20 LB AVG \$10<sup>50</sup> LB

BONE IN SELECT RIB EYES \$7<sup>95</sup> LB

22# 1/2 PIECE \$8<sup>95</sup> LB

NEW YORK STRIPS 20 LB AVG \$6<sup>79</sup> LB

COMMERCIAL TENDERLOINS 6#AVG \$13<sup>95</sup> LB

CHOICE TENDERLOINS 7# AVG \$21<sup>95</sup> LB

BEEF BRISKET 12# AVG \$6<sup>49</sup> LB

## MEAT PACKAGES!

We do Meat Packages for Fire Halls, Social Clubs, Bingo and Fundraisers - All put together for your monthly events! Make your custom package with Rick. Call to order. 610-434-9611

## CRAB AND LOBSTER

1 LB FRESH CRAB MEAT  
JUMBO, LUMP Combo

1 LB LOBSTER  
BODY MEAT

**\$29<sup>99</sup> PACKAGE**

## FRESH GROUND BEEF

90% LEAN- GROUND DAILY IN HOUSE

\$4<sup>69</sup> LB - 10 LBS

\$3<sup>99</sup> LB - 50 LBS

## ALA HENRI

BREADED CHICKEN  
TENDERLOINS

STARTED in 1972

LOCAL from HAZELTON

\$5<sup>99</sup> LB - 10 LB

\$6<sup>50</sup> LB - 5 LBS

## WILD CAUGHT SALMON

6oz PORTIONS

\$7<sup>25</sup> LB 10 LBS

## BOARDWALK FRIES

45LBS \$10<sup>00</sup>

FRESH B/S CHICKEN BREAST 40 LB CASE \$3<sup>09</sup> LB

FRESH LEG 1/4S 40# 75<sup>¢</sup> LB

PARTY WINGS  
FROZEN

10# \$5<sup>00</sup> LB

FARMLAND  
BLACK ANGUS 5 oz BURGERS

SILVER LABEL 10# \$5<sup>99</sup> LB

## STEAKS-FRESH CUT

**\$9<sup>90</sup>**

8 OZ NY STRIPS (4)  
8 OZ RIB EYE STEAK (4)  
6 OZ FILET MIGNON (4) 24  
HOUR NOTICE

## BEEF MARROW BONES

5# AVG \$3<sup>75</sup> LB

WILL CUT

## HATFIELD

4oz SAUSAGE PATTY  
\$3<sup>50</sup> LB 10 LBS

PROVOLONE or SWISS  
SLICED CHEESE  
1.5 LB \$4<sup>95</sup> LB

HOMEMADE T/L  
PIEROGIES  
**\$11<sup>00</sup>**

## SHARP COOPER CHEESE

5# \$4<sup>59</sup> LB

WHITE AMERICAN  
CHEESE SLICED

5# \$2<sup>99</sup> LB

## B&M CHIP STEAK

BEST IN THE LEHIGH VALLEY

BEEF \$6<sup>25</sup> LB

CHICKEN \$4<sup>25</sup> LB

4 oz- 10LB PACKAGES

## SOUP SPECIALS

CHICKEN NOODLE SOUP \$17

ONION SOUP \$17

MINSTRONE SOUP \$17

ITALIAN WEDDING SOUP \$17

CREAM OF BROCCOLI \$17

LOBSTER BISQUE with  
Lobster Body Meat \$24

## ABOVE SOUP SPECIALS

Yields at least 120oz

## SHRIMP SPECIAL

16/20 JUMBO BREADED

COCONUT SHRIMP

3 LBS \$10<sup>50</sup> LB

16/20 RAW SHRIMP

2 LBS \$10<sup>00</sup> LB

12/20 COOKED SHRIMP

2 LBS \$12<sup>00</sup> LB

## CHUCK ROASTS

4# AVG \$4<sup>99</sup> LB

GET THE CROCK POT READY!

[www.bandmprovisions.com](http://www.bandmprovisions.com)

1040 N. GRAHAM ST.

ALLENTOWN

610-434-9611

Products and prices are available for cash n carry only.

View our website for many many more specials order online: cashncarry@bandmprovisions.com