

Graham St.

Union Blvd.

B & M PROVISIONS

order online
cashncarry@bandmprovisions.com

**PRICES SUBJECT
TO CHANGE BASED ON
MARKET RESULTS**

Hours: Monday-Tuesday 7am-3:30pm
Wednesday 7am-4pm • Thursday 7am-4pm
Friday 7am-4pm • Saturday 8:15-Noon

FOOD OUTLET SAVINGS!



Join us on Facebook
for more specials!



With the increased demand we're currently experiencing, items can sell out. Prices are changing throughout the day. We appreciate your understanding as our communities work through this together.

Oct 26th - Oct 31st

SALMON FILLETS
\$6.50 LB
20/8 OZ
MARYLAND CRAB CAKE
\$1.99 EA
24 CT

SOUP SALE..
VEGETABLE BEEF, BEAN AND
HAM, AND FRENCH ONION ALL
\$14.95 YIELDS A GALLON
MOZZARELLA
\$3.99 6 LB BLOCK

MEAT PACKAGE #1
\$145.00
CALL AHEAD TO ORDER!!
41 LBS!!
10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREAST
5 POUNDS FROZEN WINGS
1 EACH 48 CT PIEROGIES
10 LBS FROZEN PORK CHOPS
5 LBS BREADED CHICKEN FINGERS
24 HOURS NOTICE

MEAT PACKAGE #2
\$110.00
5 LB BEEF CHIP STEAK
5 LB CHICKEN CHIP STEAK
5 LB SAUSAGE LINKS
5 LB GROUND BEEF
10 LB CHICKEN LEG 1/4'S
3 LB ST. LOUIS SPARE RIBS

MEAT PACKAGE #3
\$79.95
5 LB BEEF PATTY 100 ALL BEEF
3 LB HOT DOGS ALL BEEF
5 LB SAUSAGE GRILLERS
5 LB CHICKEN NUGGETS
5 LB FRENCH FRIES

FREE - OPEN TO THE PUBLIC!
NY STRIPS 15# AVG **\$4.99** LB
RIB EYE STEAKS 14# AVG **\$6.50** LB
BEEF TENDERLOIN 7# AVG **\$8.25** LB
TOP ROUNDS 20# **\$3.49** LB
BEEF BRISKETS 12# **\$3.49** LB
PRIME TENDERLOINS 7 LB AVG **\$15.95** LB
CHUCK ROASTS 6 LB AVG **\$3.89** LB
PORTERHOUSE AND T-BONE STEAKS 18 LB AVG FRESH CUT TO ORDER **\$5.00** LB
OXTAILS 7.5 LB **\$7.50** LB

STEAK BURGERS 5 AND 8 OZ 10 LB BOX **\$4.99** LB
HATFIELD ALL BEEF FRANKS 3 LB PACK **\$3.00** LB
HATFIELD JUMBO 8 FRANKS 12 LB BOX **\$2.79** LB

TURKEY BREAST BONELESS READY TO COOK
\$4.15 LB
8 LB AVG
ALA HENRI BREAD STUFFING
\$3.99 LB
5 LB TRAY

GYRO PACKAGE
GYRO MEAT AND TZATZIKI SAUCE **\$45.00** MAKES AT LEAST 25 SERVINGS

FRENCH FRIES 5 LB BAG **\$6.00**

FRESH B/S CHICKEN BREAST 40 LB CASE **\$1.39** LB
FRESH LEG 1/4S 40# **39¢** LB
CHICKEN FINGERS 10 LB BOX **\$4.00** LB
GROUND TURKEY 10 LB **\$1.99** LB
WHOLE FRYERS 3 LB AVG **99¢** LB

STEAKS-FRESH CUT **\$89.00**
8 OZ NY STRIPS (4)
8 OZ RIB EYE STEAK (4)
6 OZ FILET MIGNON (4)
24 HOUR NOTICE

HOMEMADE PIEROGIES **\$3.50** DZ
CABBAGE, JALAPENO, SAUERKRAUT, CHEDDAR/BACON, POTATO CHEESE AND SPINACH/FETA

48 CT POTATO CHEESE PIEROGIES **\$10.00**

SOMMERMAID PRE CUT WHITE AMERICAN CHEESE
5 LB **\$2.69**
YEAST
2 LB **\$6.95** EACH

BRATWURST **\$4.09** LB
5 LB BOX
TYSON BLACK GOLD STEAKS **\$16.95** LB
12 LB BOX
ROSINA MEATBALLS **\$4.89** LB
10 LB BOX

PELLMAN BANANA, CARROT, COCONUT CAKE AND PECAN PIE... ALL
\$12.95 EACH

B & M CHIPSTEAK
BEEF
10 LB BOX **\$5.99** LB
CHICKEN
4 OZ **\$3.50** LB

FRESH 90% GROUND BEEF
10# **\$4.39** LB

BOSCO BREAD STICK CHEESE AND PEPPERONI
72 CT **\$19.95** CS

4 CHEESE TORTELLINI
5 LB BAG **\$9.95**

www.bandmprovisions.com

Products and prices are available for cash n carry only.
View our website for many many more specials order online: cashncarry@bandmprovisions.com

**1040 N. GRAHAM ST.
ALLENTOWN
610-434-9611**