

Graham St.

B & M
PROVISIONS

Upper Level

FOOD OUTLET SAVINGS!

B & M
PROVISIONS CO.

KANSAS CITY, MISSOURI

The Lehigh Valley's
Leading Foodservice DistributorJoin us on Facebook
for more specials!Visit our Friday ad online:
www.bandmprovisions.comProducts & prices are
available for cash n carry only.We are a USDA Inspected Business
Supermarkets, club stores,
grocery stores are not.order online
cashncarry@bandmprovisions.comBUTCHER ROOM ORDERS
MUST BE CALLED IN BY 12:30
FOR SAME DAY PICK UPHours: Monday-Tuesday 7am-3:30pm
Wednesday 7am-4pm • Thursday 7am-4pm
Friday 7am-4pm • Saturday 8:15-Neon

1/13-1/18/20

CARIBBEAN
LOBSTER TAILS

10/12OZ-12/14OZ-16OZ

\$29⁹⁵ LB

10# CASE

\$31⁹⁵ LB

LESS THAN CASE

GET WHILE WE GOT EM.

HATFIELD
ASSORTED
PORK CHOPS\$1⁰⁹ LB

12#

MEAT
PACKAGE #1

\$110

CALL AHEAD TO ORDER! 4# LBS!

10 POUNDS OF
GROUND BEEF

10 POUNDS B/S BREAST

5 POUNDS FROZEN
WINGS

1 EACH 48 CT PIEROGIES

10 LBS FROZEN PORK
CHOPS5 LBS BREADED
CHICKEN FINGERS

24 HOURS NOTICE

FRESH 90%
GROUND
BEEF\$3¹⁹ LB

10#

BREADED
CHICKEN
TENDERS

RESTAURANT QUALITY

\$4²⁹ LB

10#

\$4⁴⁹ LB

5#

FREE - OPEN TO THE PUBLIC!

FRESH CUT
NY STRIP STEAKS\$4³⁹ LB

5PC (85LBS)

CALL AHEAD
TO CUT\$4⁵⁹ LB

1PC (14LBS)

JF MARTIN
SMOKED
SAUSAGE ROPE\$3⁸⁹ LB

3.5#

AMERICAN ROCK SALT

\$10⁰⁰ 50#ICELANDIC
CRAB CAKES

100% CRABMEAT -3OZ

\$2⁰⁹ EACH

24CT

\$1⁹⁹ EACH

48CT

BONELESS SKINLESS
FRESH CHICKEN BREAST\$1⁴⁵ LB

40#

\$1⁵⁵ LB

20#

\$1³⁹ LB

120#

FRESH LEG 1/4's 69¢ LB 40#

PIEROGIES FROM
HAZELTON
HOMEMADE IN
TAMAQUA\$9⁰⁰ BAG

4DZ

SCALLOPS
WRAPPED IN
BACON\$26⁰⁰ 30CTBACON
WRAPPED
BEEF FILLETS\$20⁰⁰ 24CT

B & M CHIPSTEAK

10 LB BOX 4 OZ

BEEF \$4⁶⁹ LBCHICKEN \$2⁹⁹ LBTYSON BLACK
GOLD STEAKS

8 OZ CRYO-VAC

\$15⁹⁵ LB

12# CASE

\$16⁹⁵ LB

5# (1/2 CB)

COOPER CHEESE

\$4²⁹ LB 5#

RING BOLOGNA

\$3⁶⁹ LB 2# AVGLONG STICK
PEPPERONI\$4⁸⁹ LB 2# AVGEXTRA JUMBO
16/20 RAW
SHRIMP

2# BAG • PEELLED AND DEVEINED

\$9³⁹ LB\$8⁹⁹ LB

10# BOX

PIT HAMS

\$3⁹⁹ LB12/14# BEST TASTING HAM
OUT THERE!

APPETIZERS

SWEET CORN
NUGGETS 2# \$3⁰⁰ LBBATTERED
ZUCCHINI STICKS 2# \$3¹⁹ LBBUTTER BREADED
MUSHROOMS 2.5# \$3⁷⁹BREADED CHEDDAR
& BROCCOLI BITES 2.5# \$5⁵⁰ LB

JF MARTIN BBQ'S

PORK \$5⁵⁰ LBTURKEY \$5⁵⁵ LBBEEF \$6⁰⁰ LBPELLMAN CAKES
MADE FROM SCRATCH IN LANCASTER

PLAIN CHEESECAKE \$16

SALTED CARAMEL
APPLE CHEESECAKE \$17ASSORTED CHEESECAKE
(SUPREME, STRAWBERRY, OCCASIONAL
DIP AND PLAIN) \$19PEANUT BUTTER
TRIPLE CAKE \$17

PLAIN CHEESECAKE \$15

OVER 30 VARIETIES

FRESH BEEF CLODS

GREAT FOR ROASTS, GROUND
CHUCK, BEEF STRIPS, CUBES2.5# \$3²⁹ LBHATFIELD BABY
BACK RIBS

3-4# PACKS

\$3⁶⁹ LBwww.bandmprovisions.com

1040 N. GRAHAM ST.

Products and prices are available for cash n carry only.

ALLENTOWN

610-434-9611

View our website for many many more specials order online cashncarry@bandmprovisions.com