

Graham St.
Union Blvd.
B & M PROVISIONS

FOOD OUTLET SAVINGS!

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Visit our Friday ad online:
www.bandmprovisions.com

Products & prices are available for cash n carry only.



order online
cashncarry@bandmprovisions.com

BUTCHER ROOM ORDERS MUST BE CALLED IN BY 12:30 FOR SAME DAY PICK UP

Hours: Monday-Tuesday 7am-3:30pm
Wednesday 7am-4pm • Thursday 7am-4pm
Friday 7am-4pm • Saturday 8:15-Noon

We are a USDA Inspected Business Supermarkets, club stores, grocery stores are not.

Specials Good December 23rd-28th

CARIBBEAN LOBSTER TAILS

10/12OZ-12/14OZ-16OZ
\$29⁵⁰ LB
10# CASE
\$31⁹⁵ LB
LESS THAN CASE
GET WHILE WE GOT EM.

MEAT PACKAGE #1 \$110

CALL AHEAD TO ORDER!! 41 LBS!!
10 POUNDS OF GROUND BEEF
10 POUNDS B/S BREAST
5 POUNDS FROZEN WINGS
1 EACH 48 CT PIEROGIES
10 LBS FROZEN PORK CHOPS
5 LBS BREADED CHICKEN FINGERS
24 HOURS NOTICE

COUNTRY FRIED STEAK \$39⁹⁵

FRESH GROUND BEEF
90/10 GRIND IN HOUSE USDA HOUSE INSPECTED DAILY
50# \$2⁸⁹ LB
10# \$3¹⁹ LB
LESS THAN 50#

EXTRA JUMBO 16/20 RAW SHRIMP
2# BAG • PEELED AND DEVEINED
\$9³⁹ LB
10# BOX **\$8⁹⁹** LB

FREE - OPEN TO THE PUBLIC!

FRESH CUT NY STRIP STEAKS
\$3⁹⁹ LB 5PC (85LBS)
CALL AHEAD TO CUT
\$4³⁹ LB 1PC (14LBS)

WHITE SLICED AMERICAN CHEESE
12OCT 5#
\$3¹⁹ LB

WHITE TURKEY BREAST
COOK IN BAG 9# AVG
\$4²⁹ LB
AKA HENRI STUFFING
MADE FROM SCRATCH 5# TRAY
\$2⁷⁵ LB

BONELESS SKINLESS FRESH CHICKEN BREAST
\$1²⁵ LB 40#
\$1¹⁵ LB 3/40# CASES
\$1³⁹ LB 20#
FRESH LEG 1/4's **69¢** LB 40#

PIEROGIES FROM HAZELTON
HOMEMADE IN TAMAQUA
4DZ
\$9⁰⁰ BAG

PREMIUM BUTTER BALL TURKEYS
18-20#
\$1²⁵ LB
CASH PRICE

COOPER CHEESE **\$4²⁹** LB 5#
RING BOLOGNA **\$3⁶⁹** LB 2# AVG

B & M CHIPSTEAK
10 LB BOX 4 OZ
BEEF **\$4⁶⁹** LB
CHICKEN **\$2⁹⁹** LB

LONG STICK PEPPERONI **\$4⁸⁹** LB 2# AVG

TYSON BLACK GOLD STEAKS
8 OZ CRYO-VAC
12# CASE **\$15⁹⁵** LB
6# (1/2 CS) **\$16⁹⁵** LB

BEEF SHORT LOIN BONE IN. 20# AVG
\$4²⁹ LB
YIELDS T-BONE AND PORTERHOUSE
CALL TO HAVE CUT.

BEEF CUBED STEAKS
MADE IN HOUSE
\$5¹⁹ LB MINIMUM
CALL TO ORDER.

PIT HAMS

12/14# **\$3²⁹** LB
BEST TASTING HAM OUT THERE!

APPETIZERS

SWEET CORN NUGGETS 2# **\$3⁰⁰** LB
BATTERED ZUCCHINI STICKS 2# **\$3¹⁹** LB
BUTTER BREADED MUSHROOMS 2.5# **\$3⁷⁹** LB
BREADED CHEDDAR & BROCCOLI BITES 2.5# **\$5⁵⁰** LB

WINGS RAW, UNCOOKED AND FROZEN

5# **\$2⁵⁹** LB
30-35 WINGS A PACKAGE

PELLMAN CAKES MADE FROM SCRATCH IN LANCASTER

CHOCOLATE MOUSSE CAKE \$8⁵⁰	RASPBERRY CHOCOLATE CAKE \$2⁰
SALTED CARAMEL APPLE CHEESECAKE \$1⁷	PEANUT BUTTER TRIPLE CAKE \$1⁷

PLAIN CHEESECAKE **\$1⁵**
OVER 30 VARIETIES

PRIME OR CHOICE NY STRIPS 14#

NY STRIP CHOICE **\$7⁹⁵** LB
NY PRIME **\$13⁹⁵** LB

BEEF TENDERLOIN FILET MIGNON 7# AVG CHOICE PRIME

\$15⁵⁰ LB **\$25⁵⁰** LB

RIB EYE PRIME RIB - 14# AVG CHOICE PRIME

\$11⁵⁰ LB **\$18⁹⁹** LB

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1040 N. GRAHAM ST. ALLENTOWN

610-434-9611

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