

FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!

B & M PROVISIONS CO.



FINEST OF FOODS

The Lehigh Valley's
Leading Foodservice Distributor

Hours: Mon-Tues 6:30-3:30;
Wed 6:30-4:00;
Thurs 4:00-6:00; Open Fridays
till 6:00 starting 8/22.

NOW OPEN
THURSDAY
TIL 7PM

Specials Good through
August 18th - August 23rd

WE ARE NOW OPEN
THURSDAY AND FRIDAY
NIGHTS TILL 6PM!!!

View our Friday ad online
www.bandmprovisions.com

We Post Daily Specials on
at Rock Bottom Prices

Graham St.

B & M
PROVISIONS

Union Blvd.

facebook

**SWIFT'S ANGUS QUALITY WHOLE BONELESS
NEW YORK STRIPS FOR STEAK**
TRY US FOR THE SUPER SPECIAL & SAVE AS MUCH AS \$4.00 A POUND
16/18# Average Each Piece
5PC CASE \$5⁹⁹ LB SINGLE PIECE \$5⁵⁹ LB
No Charge for Cutting
Subject to Cut & Trim Loss! Call by 1pm for same day!

CHOICE
GRADE
\$8⁷⁹ LB

USDA WHOLE BEEF TENDERLOINS AND DELMONICO'S
5/7# AVERAGE RIB EYE OR
COMMERCIAL TENDERLOIN..... \$9⁵⁰ LB
SELECT..... \$14⁹⁵ LB
CHOICE..... \$15⁹⁵ LB
Will Trim & Cut no Extra Charge CUT FRESH TO YOUR SPECIFICATIONS!

DELMONICO STEAKS

16# AVG \$8⁹⁵ LB

8# AVG \$9²⁵ LB

CHOICE
GRADE
AVAILABLE

TURKEY BREASTS
RTC IN A BAG
9# \$3⁹⁹ LB
ALL WHITE MEAT.
NO WASTE!
ADD A TRAY OF
PA DUTCH STUFFING
MADE FROM SCRATCH
5# \$2⁷⁵

FRESH GROUND BEEF
90/10#
\$3⁵⁹ LB 5-10#
\$3⁶⁹ LB 10#

CHICKEN TENDERS
ALL WHITE MEAT
2/5# BAGS
\$3⁴⁹ LB

HADDOCK FILLETS
10/12OZ
10# \$5⁷⁹ LB

T-L PIERGIES
HOMEMADE IN HAZELTON
48CT BAG \$9⁰⁰ BAG

**FRESH BEEF
CLODS**
18# AVG GREAT, FOR SMOKING.
MUCH CHEAPER THAN THE BRISKET.
SPECIAL PRICE
\$4⁰⁹ LB
ALSO GOOD FOR SWISS STEAKS,
LONDON BROIL, CHICKEN
STEAKS, GROUND BEEF

BUY LOCAL!
**BERKS
FRANKS**
FROM READING
8/1# \$2⁹⁹ LB
2/5#
B & M TRADITIONAL
CHIP STEAK
10# PORTIONED
\$4²⁹ LB

SEA BEST FISHERIES
16/20 BREADED
**BUTTERFLIED
SHRIMP**
3# \$7⁰⁰ LB
BAG OF FRIES \$5⁰⁰

**HATFIELD
BONELESS
PORK LOINS** 14/17#
\$2⁶⁵ LB

**MRS RESSLERS
SLICED LUNCH**
MEAT PASTRAMI 6# AVG \$5⁰⁰ LB
GOURMET WHITE TURKEY
BREAST 8# AVG \$5⁰⁰ LB
CORNEBEEF 8# AVG \$5⁵⁰ LB
ROAST BEEF 7# AVG \$5⁸⁰ LB
WE CAN CRVO-VAC FOR \$1.00 A PACK-
6HR NOTICE!

**FRESH BONELESS SKINLESS
CHICKEN BREASTS**
No Pump or
Additives 20LB 1/2
CASE SPECIAL \$2⁷⁹ LB
FARM RAISED AND HORMONE FREE!

1/40# \$2⁶⁹ LB

JUMBO
FRESH
PARTY WINGS
40# CASE
\$2²⁹ LB

FROZEN
GRADE A JUMBO
PARTY WINGS
10# BAG
\$2³⁵ LB

FRESH
40# CASE OF
CHICKEN LEG
1/4's
\$.82 LB

LOBSTER TAILS
5OZ
10# CASE \$21⁹⁵ LB
LESS THAN A CASE \$22.95
LARGER SIZES AVAILABLE \$23.95 LB

**WILD CAUGHT
SCALLOPS**
2# BAG
\$8.25 LB

PA DUTCH FRESH SAUSAGE
COUNTRY STYLE
10# \$4⁰⁹ LB

BACK TO SCHOOL LUNCH PACKAGE
• 2# SLICED TURKEY OR HAM
• 25CT 3OZ PIZZA ROLLS
• 5# TYSON WHOLE GRAIN
POPCORN CHICKEN
• 36E NUTRA GRAIN BARS
VARIETY PACK
• 3# CLEARFIELD CHEESE
72CT

\$105⁰⁰

**MAID RITE
4OZ
VEGETABLE
BURGERS**
40-4OZ
FULLY COOKED!
\$4⁹⁹ LB

**4OZ ALL BEEF
GOLBON
BURGERS**
100% BEEF--NO SOY!
40- \$39⁹⁵ CS

**HATFIELD
FULLY COOKED
BABY BACK RIBS**
FULL RACKS IN SAUCE
7/8# AVG
\$4⁵⁹ LB
SUPER SPECIAL. SAVE \$2⁰⁰ LB
OFF REGULAR SPECIALS.

**PLUMROSE
RIB TIPS**
3.5# PACK
FULLY COOKED AND
READY TO GO.
\$3³⁹ LB

**BBQ'S from
Hatfield and
Martin and Son's**
BEEF \$5¹⁹ LB
TURKEY \$4⁹⁹ LB
PORK \$4⁷⁹ LB

www.bandmprovisions.com

Products and prices are available for cash n carry only.

1040 N. GRAHAM ST.
ALLENTOWN
610-434-9611