

# FOOD OUTLET SAVINGS!

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## B & M PROVISIONS CO.



FINEST OF FOODS

The Lehigh Valley's  
Leading Foodservice Distributor

NOW OPEN  
THURSDAY  
TIL 7PM

### Specials Good through July 21<sup>st</sup> - July 26<sup>th</sup>

View our Friday ad online  
www.bandmprovisions.com

### We Post Daily Specials on at Rock Bottom Prices

Graham St.

B & M  
PROVISIONS

Union Blvd.

facebook

Hours: Mon-Tues 6:30-3:30;  
Wed 6:30-4:00;  
Thurs 6:30-7:00; Fri 6:30-4:00;  
Sat 8:30-Noon

**SWIFT'S ANGUS QUALITY WHOLE BONELESS  
NEW YORK STRIPS FOR STEAK**  
TRY US FOR THE SUPER SPECIAL & SAVE AS MUCH AS \$4.00 A POUND  
16/18# Average Each Piece  
5PC CASE **\$5<sup>99</sup> LB** SINGLE PIECE **\$5<sup>59</sup> LB** **CHOICE GRADE \$8<sup>79</sup> LB**  
No Charge for Cutting  
Subject to Cut & Trim Loss! Call by 1pm for same day!

**USDA WHOLE BEEF TENDERLOINS AND DELMONICO'S**  
5/7# AVERAGE **RIB EYE OR**  
COMMERCIAL **DELMONICO STEAKS**  
TENDERLOIN..... **\$9<sup>50</sup> LB** 16# AVG **\$8<sup>95</sup> LB** **CHOICE GRADE AVAILABLE**  
SELECT..... **\$14<sup>95</sup> LB** 8# AVG **\$9<sup>25</sup> LB**  
CHOICE..... **\$15<sup>95</sup> LB**  
Will Trim & Cut no Extra Charge CUT FRESH TO YOUR SPECIFICATIONS!

**FRESH BONELESS SKINLESS  
CHICKEN BREASTS**  
No Pump or Additives  
1/40# **\$2<sup>85</sup> LB** 3/40# CASE SUPER SPECIAL **\$2<sup>65</sup> LB**  
20LB 12 CASE SPECIAL **\$2<sup>90</sup> LB**  
JUMBO FRESH **PARTY WINGS** 40# CASE **\$2<sup>09</sup> LB**  
FROZEN GRADE A JUMBO **PARTY WINGS** 10# BAG **\$2<sup>19</sup> LB**  
FRESH 40# CASE OF **CHICKEN LEG** 1/4's **\$.82 LB**

**HATFIELD FRESH SAUSAGE** **PA DUTCH FRESH SAUSAGE**  
**SWEET ITALIAN PRIMA PORTA SAUSAGE** **COUNTRY STYLE**  
2/10# **\$3<sup>59</sup> LB** 10# **\$3<sup>69</sup> LB** 10# **\$4<sup>09</sup> LB**

**FRIDGE FILLER 43#'S OF PRODUCT**  
• 10# FRESH CHICKEN BREAST • 2# LUNCH MEAT SLICED  
• 10# FRESH LEG 1/4'S CAPICOLA, WHITE  
• 5# FRESH GRIND BEEF TURKEY OR CHICKEN  
• 4E 8OZ NY STRIP STEAKS BREAST SLICED  
• 48CT TL HOMEMADE PIEROGIES  
• 10# HATFIELD ASSORTED PORK CHOPS  
**\$11<sup>00</sup>** 12 HOURS NOTICE

**ICELANDIC MD STYLE CRAB CAKES**  
3OZ PORTIONS NO FILLER!  
48CT **\$1<sup>45</sup> EA**  
24CT **\$1<sup>55</sup> EA**

**CHICKEN TENDERS**  
100% ALL WHITE MEAT  
ALA HENRIE'S RECIPE  
10# BOX **\$3<sup>39</sup> LB**

**HATFIELD FULLY COOKED BABY BACK RIBS**  
FULL RACKS IN SAUCE  
7/8# AVG **\$4<sup>59</sup> LB**  
SUPER SPECIAL, SAVE \$2<sup>99</sup> LB OFF REGULAR SPECIALS.

**SEABEST 16/20 BUTTERFLIED BREADED SHRIMP**  
**\$6<sup>99</sup> LB**

**CRAB FRIES**  
5# FRENCH FRIES 3/8" CUT  
1.6OZ OLD BAY SEASONING  
**\$15 FOR PACKAGE!**

**LOBSTER TAILS**  
5OZ 10# CS  
**\$20<sup>99</sup> LB LESS \$21<sup>99</sup> LB**

**COLD WATER AND LARGER TAILS**  
7/8OZ OR 16/20OZ  
10# **\$23<sup>99</sup> LB**  
LESS THAN 10# **\$24<sup>99</sup> LB**

**WILD CAUGHT TILAPIA**  
3/5OZ 10# **\$3<sup>89</sup>**

**WILD CAUGHT SALMON GREAT FOR GRILLING**  
8OZ PORTIONS CRYO VAC  
20-8OZ **\$3<sup>05</sup> EA**  
10-8OZ **\$3<sup>55</sup> EA**

**BONELESS PORK TENDERLOINS**  
1.5# AVG  
4PC **\$3<sup>09</sup> LB LESS \$3<sup>39</sup> LB**

**T-L PIERGIES**  
HOMEMADE IN HAZELTON  
48CT BAG **\$9<sup>00</sup> BAG**

**JUMBO 26/30 SHRIMP**  
2# COOKED, P/D  
**\$11<sup>50</sup> LB** SEASCALLOPS **\$1<sup>80</sup> LB**

**HATFIELD ASSORTED PORK CHOPS**  
10# AVG  
50# **\$1<sup>79</sup> LB** 10# **\$1<sup>89</sup> LB**

**PORK SPARE RIBS**  
10# AVG **\$2<sup>55</sup> LB**

**BUY LOCAL! BERKS FRANKS**  
FROM READING  
8/1# **\$2<sup>89</sup> LB**  
2/5# **\$2<sup>89</sup> LB**

**SOMMERMAID 5# WHITE OR YELLOW CHEESE**  
SLICED OR BLOCK **\$3<sup>09</sup> LB**

**B&M'S TRADITIONAL CHIP STEAK**  
PORTIONED  
**\$3<sup>89</sup> LB 10# CS**

**B&M'S CHICKEN CHIP STEAK**  
4OZ PORTIONS ALL WHITE MEAT  
**\$2<sup>69</sup> LB**

**BLACK ANGUS "CHOICE" BURGERS**  
4, 5, 3 AND 8OZ 10#  
**\$4<sup>95</sup> LB**

4OZ BREADED, COOKED  
**CHICKEN BREAST FILLET**  
BAKE OR MICROWAVE FOR 1 MINUTE. ALL WHITE MEAT.  
40/4OZ **\$4<sup>19</sup> LB**

**BBQ'S FROM HATFIELD AND MARTIN AND SON'S**  
BEEF **\$4<sup>99</sup> LB**  
TURKEY **\$4<sup>79</sup> LB**  
PORK **\$4<sup>79</sup> LB**  
5 LB. TUBS

www.bandmprovisions.com

Products and prices are available for cash n carry only.

1040 N. GRAHAM ST.  
ALLENTOWN  
610-434-9611