

Graham St.

Union Blvd.

B&M PROVISIONS

FOOD OUTLET SAVINGS!

B&M PROVISIONS CO.



FINEST OF FOODS

The Lehigh Valley's
Leading Foodservice Distributor

Join us on
Facebook for
more specials!



Visit our Friday ad online:
www.bandmprovisions.com

Products & prices are
available for cash n carry only.

Hours:

Monday-Tuesday 6am-3:30pm

Wednesday 6am-4pm

Thursday 6am-6pm

Friday 6am-4pm • Saturday 8:15-Noon

We are a USDA Inspected Business
Supermarkets, club stores,
grocery stores are not.

**Specials Good Through
December 3rd - December 9th**

Open till 6pm Thursday

WHOLE BONE IN 18# AVG
PORK LOINS
\$1.50 LB
CALL TO HAVE CUT!

8 OZ
**WILD CAUGHT
SALMON**
10 LB CASE
\$5.95 LB

**LOBSTER
MEAT**
10 LB **\$7.00** LB
1 LB **\$7.50** LB

**PIT
HAMS**
BEST HAM ON THE MARKET!
14# AVG.
\$2.49 LB

BONELESS 12# AVG
PORK LOINS
\$1.85 LB
CALL TO HAVE CUT!

EXCEL WHOLE BONELESS (FOR STEAK)
NEW YORK STRIPS
90 LB AVG **\$4.79** LB
15 AVG **\$4.99** LB
5 PC. **\$6.99** 14 LBS CHOICE STRIPS

**TILAPIA
FILETS**
3/5OZ
\$2.39 LB

**FRIDGE
FILLER**
\$85

FRESH NEVER FROZEN WHOLE BONELESS
CHICKEN BREASTS
40 LB CASE **\$1.45** LB
3/40 LB CASE **\$1.35** LB
20 LB CASE **\$1.59** LB
CHICKEN LEG 1/4'S **69¢** 40 LB CASE

SUPER LUMP
**CRAB
MEAT**
FROZEN
\$6.95 1 LB

1 WHOLE CHICKEN
5 LBS
CHICKEN LEG 1/4s
5 LBS FROZEN
CHICKEN WINGS
5 LBS FRESH
80/20 GROUND BEEF
5 LBS FROZEN PORK CHOPS
10 LBS BONELESS SKINLESS
CHICKEN BREAST (NO PUMP)
2 LBS HATFIELD HOT DOGS
(CAN SUB BEEF FOR ADDL FEE)
5 LBS LONDON BROIL OR
BEEF CUBES

CHIP STEAK
10#
BEEF **\$4.40** LB
CHICKEN **\$2.95** LB

**MEAT
PACKAGE**
- 10 LB FRESH
CHICKEN BREASTS
- 5 LB BEEF CHIP STEAK &
5 LB CHICKEN CHIP STEAK:
40 PORTIONS
- 1E 3 LB CLEARFIELD WHITE
- 5 LB GROUND BEEF
- 2E MATEY PIZZA
- 8E 8 OZ NY STRIP STEAK
- 2E 4 OZ FILET
WRAPPED IN BACON
- 1E FRENCH FRIES
\$150

SHRIMP
BLOCK SHRIMP
\$8.00 LB
4 LB **\$8.50** LB
PEELED & DEVEINED
26/30 COOKED SHRIMP

PELLMAN CAKES
MADE FROM SCRATCH BUY LOCAL! OVER 30 KINDS
PEANUT BUTTER PIE..... **\$10**
PUMPKIN SPICE **\$13**
CHEESECAKE SAMPLER..... **\$18**
BANANA CAKE **\$13**
PLAIN CHEESECAKE..... **\$15**

J.F. MARTIN
TURKEY BBQ
\$5.99 5# LB

2 LB **\$8.50** LB
PEELED & DEVEINED
16/20 RAW SHRIMP
\$10.95 2 LB

BONELESS 18# AVG
**RIB
EYE
STEAK**
\$7.99 LB
CALL TO ORDER

ALA HENRI STUFFED
**CHICKEN
BREAST**
6 OZ
\$19.00

BEEF BBQ
\$5.99 LB

BERKS 2.5 LB AVG
RING BOLOGNA
\$3.79 LB

**SOMMERMAID
CHEESE**
FROM DOYLESTOWN, PA
5 LB. **\$2.59** LB

PORK BBQ
\$4.99 5# LB

LS
PEPPERONI
\$4.89 LB

COUNTRY STYLE
HAMS
\$2.39 LB
7-9 LB. AVG

BAHAMIAN
LOBSTER TAILS
10# **\$23.00** LB
\$24.00 LB
LESS THAN CASE
SIZES AVAILABLE:
8 OZ • 10/12 OZ • 12/14 OZ • 16/20 OZ

ALASKAN KING
CRAB LEGS
10# **\$26.50** LB
LESS THAN CASE **\$27.25** LB
CALL TO RESERVE!

COOPER CV SHARP
CHEESE
5# **\$4.19** LB
20# CASE **\$3.99** LB

www.bandmprovisions.com

1040 N. GRAHAM ST.

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ALLENTOWN

View our website for many many more specials

610-434-9611

order online: cashncarry@bandmprovisions.com