

# FOOD OUTLET SAVINGS!

Join us on Facebook for more specials!

## B & M PROVISIONS CO.



FINEST OF FOODS  
The Lehigh Valley's  
Leading Foodservice Distributor

Hours: Monday-Tuesday 6am-3:30pm

Wednesday 6am-4pm

Thursday 6am-6pm

Friday 6am-6pm • Saturday 8:15-Noon

### Specials Good through October 6<sup>th</sup> - October 11<sup>th</sup>

**WE ARE NOW OPEN THURSDAY  
AND FRIDAY NIGHTS TILL 6PM!!!**

View our Friday ad online  
www.bandmprovisions.com

**We Post Daily Specials on  
at Rock Bottom Prices**

Graham St.

Union Blvd.

**B & M  
PROVISIONS**

facebook

### EXCEL'S ANGUS QUALITY WHOLE BONELESS NEW YORK STRIPS FOR STEAK

\$479 LB SINGLE 15/17# 5 PC \$449 LB PC CHOICE NY STRIPS  
While Supplies Last! 15# AVG \$699 LB

### USDA WHOLE BEEF TENDERLOINS 5/7# AVERAGE

COMMERCIAL  
TENDERLOIN... \$950 LB  
SELECT..... \$1495 LB  
CHOICE..... \$1595 LB  
Will Trim & Cut no Extra Charge

### RIB EYE OR DELMONICO STEAKS

16# AVG \$699 LB FOR PC  
8# AVG \$750 LB FOR 1/2 PC  
CUT FRESH TO YOUR SPECIFICATIONS!  
**CHOICE GRADE AVAILABLE**

### FRESH BONELESS SKINLESS CHICKEN BREASTS

No Pump or Additives 20LB 1/2 CASE SPECIAL \$279 LB  
FARM RAISED AND HORMONE FREE!

1/40# \$269 LB

JUMBO FRESH  
PARTY WINGS  
40# CASE  
\$279 LB

FROZEN GRADE A JUMBO  
PARTY WINGS  
10# BAG  
\$255 LB

FRESH 40# CASE OF  
CHICKEN LEG  
1/4's  
\$.85 LB

### HOMEMADE T/L PIEROGIES

48 CT \$900 BAG

### BAHAMIAN LOBSTER TAILS

50Z AND 80Z  
10# \$2395 LB  
LESS THAN CASE  
\$2495 LB

### 100% WHITE TURKEY BREAST

COOK IN A BAG  
NO WASTE! SUPER MOIST  
\$399 LB

PA DUTCH STUFFING  
5# \$299 LB

### ROSINA MEATBALLS

70 YEAR OLD RECIPE!  
PRECOOKED, HEAT N EAT!  
10# CASE \$409 LB

### WILD CAUGHT CRAB MEAT

1# FROZEN  
LUMP CRAB MEAT  
5# \$750 LB  
LESS THAN 5#  
\$795 LB

### JUMBO LUMP CRAB MEAT

5# \$1250 LB  
LESS THAN 5#  
\$1295 LB

### HATFIELD SPECIALS

HATFIELD HOUSE  
CUT PORK CHOPS 10# \$189 LB  
HOT N SPICY HAM  
6# AVG \$249 LB  
COUNTRY STYLE  
FOOTBALL HAMS 8# AVG \$289 LB  
JUMBO FRANKS 12-1# \$269 LB  
APPLEWOOD  
BACON 15# \$310 LB  
BONELESS PORK  
TENDERLOINS 1.5# \$389 LB  
FRESH  
ST LOUIS SPARE RIBS  
8# AVG \$299 LB  
PORK SAUSAGE ROLLS  
1# 10# CASE \$199 LB

FRESH 90/10  
GROUND BEEF  
MADE FRESH DAILY IN HOUSE  
10# BAGS  
5-10# BAGS \$349 LB  
10# \$379 LB

### FRESH TOP ROUNDS

20# AVG  
GREAT FOR STEAKS, CUBES,  
STRIPS AND GROUND ROUND  
\$439 LB  
CALL AHEAD TO HAVE CUT!

### HEATHER'S FRIDGE SPECIAL

4-80Z NY STRIP STEAKS  
10# FRESH CHICKEN  
BREASTS  
8# PORK SPARE RIBS  
5# TRADITIONAL B & M'S  
CHIP STEAK  
(BEEF OR CHICKEN)  
2# SLICED LUNCH MEAT  
1 BAG HOMEMADE  
T/L PIEROGIES  
5# CHICKEN FRITTERS  
\$11500

### B & M'S CHIP STEAK

TRADITIONAL STYLE  
CHICKEN  
\$280 LB  
BEEF  
\$440 LB  
PORTIONED 10# BOXES

### SHRIMP

16/20 RAW  
PEELED AND DEVEINED  
2# BAG  
\$1225 LB

### SURF N TURF

2-80Z  
NY STRIP STEAKS  
2-50Z  
LOBSTER TAILS  
\$2599 FOR PACKAGE  
STEAK AND LOBSTER  
FOR UNDER \$13.00  
PER PERSON!

### PELLMAN CAKES MADE FROM SCRATCH IN LANCASTER.

GREAT FUNDRAISING ITEM!  
YELLOW CAKE WITH CHOCOLATE  
MOUSSE \$10  
APPLE BAVARIAN CHEESECAKE \$10.50  
CARROT CAKE \$12  
CHOCOLATE CHIP CHEESECAKE \$15  
CHOCOLATE GANACHE  
CHEESECAKE \$16

### CHINCOTEAGUE SOUP COMPANY

ALL 51OZ CANS  
CLAM JUICE \$250  
CORN CHOWDER \$7  
NEW ENGLAND OR  
MANHATTAN CLAM CHOWDER \$8  
LOBSTER BISQUE \$9  
CREAM OF CRAB \$9  
CRAB AND VEGETABLE \$9  
CHOPPED CLAMS \$9

www.bandmprovisions.com

Products and prices are available for cash n carry only.

1040 N. GRAHAM ST.  
ALLENTOWN  
610-434-9611