

Graham St.

B&M
PROVISIONS

Union Blvd.

order online
cashncarry@bandmprovisions.comBUTCHER ROOM ORDERS
MUST BE CALLED IN BY 12:30
FOR SAME DAY PICK UP

Hours: Monday-Tuesday 8am-3:30pm

Wednesday 8am-4pm

Thursday 8am-6pm

Friday 8am-6pm

Saturday 8:15-noon

FOOD OUTLET SAVINGS!

B & M
PROVISIONS CO.

FINEST OF FOODS

The Lehigh Valley's
Leading Foodservice DistributorJoin us on
Facebook for
more specials!Visit our Friday ad online:
www.bandmprovisions.comProducts & prices are
available for cash n carry only.

We are a USDA Inspected Business

Supermarkets, club stores,
grocery stores are not.
Open Thursday and Friday
11:15-6pmSpecials Good
Through Sept. 7thEXTRA TRIMMED WHOLE BONELESS
NEW YORK STRIPS
FOR STEAK1 PC 12# AVG \$6.49 LB
5 PC 70# AVG \$5.99 LB

CALL AHEAD TO HAVE CUT NO CHARGE FOR CUTTING • SUBJECT TO TRIM & CUTTING LOSS

PLUMROSE
RIBSFULLY COOKED BB RIBS
IN SAUCE
21 LB CASE \$3.69 LB
LESS THAN 21# \$3.89 LB
Approx Aug 2 pkgSOMMERMAID
FROM BUCK'S
COUNTY
CHEESESLICED OR BLOCK,
WHITE OR YELLOW
120 CT CHEESE \$2.59 LBWILD CAUGHT,
ICELAND WATERS
HADDOCK

5# \$4.75 LB

CRYO-VAC
SPARE RIBS8# AVG \$2.29 LB
MRS. WESSERS COOK-IN FOIL BAG
10% TURKEY BREAST
2PC CASE \$4.59 LB
SINGLE BREAK PURCHASE
\$4.79 LBLOCAL 5#
BBQ'SPORK \$4.49 LB
TURKEY \$5.09 LB
BEEF \$5.89 LBNEW! FRESH GROUND
IN-HOUSE 80/20
GROUND BEEF90# SUPER SPECIAL PRICE
\$3.29 LB
LESS THAN 90# \$3.49 LBFRESH
GROUND BEEF
GROUND IN HOUSE DAILY
90% LEAN
SUPER SPECIAL PRICE10# \$3.49 LB
5# \$3.29 LB
CALL TO RESERVEGOLDEN
ALL BEEF
BURGERS30Z, 40Z OR 50Z
10# \$3.75 LBBLACK ANGLUS
4oz., 5oz. & 8oz.
CHOICE BURGERS

10# \$4.75 LB

BACK TO
SCHOOL ITEMS
CHICKEN
TENDERLOINS

10# \$3.79 LB

HATFIELD GLUTEN FREE & NO MSG
JUMBO FRANKS

12-1# \$1.99 LB

CHICKEN
NUGGETS

10# \$2.79 LB

BERK'S FRESH
ALL BEEF FRANKS4.5# \$1.99 LB
LESS THAN 20# \$2.29 LB 5# MINIMUMBREADED
CHICKEN BREAST
FILETS

FULLY COOKED 10# \$4.49 LB

B&M IS YOUR CHIP STEAK HEADQUARTERS
BEEF \$4.40 LB 10# \$5.50 LB 4 OZ \$2.95 LB
RIB EYE CHIP STEAK 10#
CHICKEN 10#TYSON'S 6 OR 8 OZ.
BLACK GOLD
STEAK12# CASE \$15.99 LB
6# CASE \$16.99 LBLOBSTER
TAILS12/14 OZ \$21.95 LB
10# \$22.99 LB
LESS THAN 10#HATFIELD CHEF
CHOICE SLICED
BUFFET BACON15# \$2.39 LB
YOU WILL NOT FIND HATFIELD
QUALITY AT THIS PRICE!HATFIELD PA DUTCH
COUNTRY
SAUSAGE

10# \$2.69 LB

HATFIELD SWEET ITALIAN
SAUSAGE20# \$2.69 LB
10# \$2.79 LBCOOPER CHEESE
CV SHARP

5# \$4.19 LB

HATFIELD BONELESS
HAMSPIT 14# AVG \$2.29 LB
COUNTRY STYLE HAM
7/9# OR \$2.39 LBPA DUTCH STYLE 1 OZ. RAW
SAUSAGE LINKS

10# \$2.39 LB

HOMEMADE TIL
PIEROGIES
FROM HAZLETON

48 CT \$9.00

FRENCH FRIES 2# \$5

ICELANDIC MD STYLE
CRAB CAKES40 CT \$1.49 EA
24 CT \$1.69 EAFRESH
CHICKEN
ALL NATURAL, HORMONE FREE
BONELESS SKINLESS
CHICKEN BREAST

SUPER SPECIAL PRICE

120#-1 CS/10# \$2.09 LB

40# \$2.19 LB

20# CS \$2.29 LB

FRESH CHICKEN
LEG 1/4'S

40# CASE 64¢ LB

TYSON'S WING
TINGS OR ZINGS
COOKED & BREADED

15# \$4.89 LB

PARTY WINGS 10# \$3.99 LB

GRILL OUT
PACKAGE10# FRESH BONELESS
CHICKEN BREASTS

5# ALL BEEF BURGERS

5# SAUSAGE LINKS

FULL COOKED

5# ALL BEEF HOT DOGS

3.5# RIBS

FULLY COOKED

\$90

CALL AHEAD!

RED ARGENTINIAN
10# SHELL ON
COLOSSAL
SHRIMP

2# 1.5/1.5" \$9.00 LB

RIB EYE
STEAKS
BUTCHERED IN HOUSE
AND CUT TO ORDER.16# AVG \$8.99 LB
8# AVG \$9.49 LB
CALL AHEAD TO HAVE CUT16/20
RAW SHRIMP
PEELED AND
DEVEINED2# BAG \$10.00 LB
Cooked 2# \$12.50 LBwww.bandmprovisions.com

Products and prices are available for cash n carry only.

View our website for many many more specials

order online: cashncarry@bandmprovisions.com

1040 N. GRAHAM ST.

ALLENTOWN

610-434-9611